Peachland Recreation Guide

Fall 2015

Find us on Facebook!

Fitness For The Young At Heart!

Meet Carla Miller, a BCRPA group fitness leader specializing in group ride, spin and Third age. Born and raised in North Vancouver, Carla's summers were spent in the Okanagan which, for Carla, has always represented fun and freedom. She is thrilled to have relocated from North Vancouver to Peachland.

Carla has been teaching all types of fitness classes for over 20 years, and has a variety of programs ideal to keep active agers mobile and fit. She believes it's never too late to improve your fitness level. A passionate and enthusiastic instructor whose knowledge, humour and motivational style keep her students coming back for more! See page 9 for our **fabulous fall fitness offering!**

I have done classes for years, including Aerobics, Jazzercize, Bootcamps and Crossfit and while Carla's classes are in no way as difficult, they are still very challenging and appeal to all levels of fitness as well as all age groups.

Kate

I love the class, Carla is very attuned to our individual needs and abilities.

Judy

Carla is very inspiring and encouraging. I really enjoy the classes, and have found that 'functional' is a very apt name for them, because since starting the program in April I believe I have alleviated a shoulder problem that has bugged me for several years. I have better range of motion, and can sleep on that side now. It's got to be because I am USING my shoulder and working out those kinks.

I am looking forward to the fall session!

Mary

Table of Contents

Table of Contents & Welcome Message .. 3

Children/Youth..... 5-8

Fitness 9-10

Drop In Sports 11-12

Volunteer Opportunities 19

Parks..... 19-21

Facility Rentals..... 22-25

Community Events 26-28

Community Programs 28

Community Directory..... 29

Message from the Director:

Once again Peachland was a hub of activity this summer. We were super excited to be the host community for Dîner en Blanc on July 9th in Cousins Park. 1100 guests, all dressed in white, came to Peachland for an elegant dinner, entertainment and fun. We hope that guests exposed to our community for the first time will come back to visit again!

Also new this summer, the old playground was removed from Chevallier Park on Desert Pines Ave. and was replaced with new play features. A big thank you to Mr. Koop, Mrs. Blake and all the grade 5/6 children from Peachland Elementary who helped us prioritize the play features and design the new playground. The new playground features a Web Climber, Galaxy Supernova, and spinner bowl. These non-traditional features are sure to encourage lots of play at Chevallier Park!

This fall we are kicking the season off with all of our favourites such as yoga, Pickleball, spin, functional fitness and more. If you have never tried our fitness activities, we invite you to try the first day FREE! We also have a few Try it For Free features – see p. 9-10 for details. For families, we have the ever favourite Halloween Spooktacular (p. 8) as well the new Family Glow Run (p. 26). We hope to see you there!

Cheryl Wiebe
Director of Community Services

We're Listening!

Customer Service Feedback

The District is continuously striving to develop new ways to improve service delivery to you. Your feedback is very important to us. Customer Service Feedback Kiosks are located at Municipal Buildings where you can give constructive feedback regarding your customer service experience with the District of Peachland.

For further information contact
Director of Corporate Services at 250-767-2647 or ppalmer@peachland.ca

Corporate Strategic Plan

Following the 2014 elections, Mayor and Council completed a Corporate Strategic Plan for the current Council term. This document provides focus and direction in financial planning and guides the District's short term and long term corporate management and decision making for Council and staff.

Vision Statement:

"The Corporation of the District of Peachland is an efficient, progressive and financially responsible organization that is committed to engaging and serving our citizens, visitors and businesses of the District."

Mission Statement:

"Our Mission is to provide our taxpayers, residents and businesses with affordable quality services and to keep them apprised of and engaged in District affairs by conducting ourselves in a transparent way."

Corporate Values:

The Corporation of the District of Peachland values:

- **Honesty**
- **Transparency**
- **Accountability**
- **Respect**
- **Progressive thinking**
- **Fact based decision making**
- **Community input and engagement**

For more information on the 2015-2018 Corporate Strategic Plan visit www.peachland.ca

ACCESS TO RECREATION
Canadian Tire Jump Start Program
The Canadian Tire Jump Start program provides financially disadvantaged children in Canada with the opportunity to participate in sport and recreational activities.
Criteria to apply for the Jump Start program includes:

- To be eligible, children must be between the ages of 4 and 18;
- Funding preference is to pay for registration fees with consideration to fund equipment costs or transportation costs on a case by case basis;
- Sport or recreational activity must include physical activity;
- Funding should be for a sustained program that is either a minimum of five weeks duration with a minimum of one session per week or, in the case of sport camps, five consecutive days;
- Maximum of one activity per child, per allocation period;
- Funding goes to individuals, not to teams;
- Up to $200 per child can be issued per allocation period (January-June & July-December).

Applications can be picked up at the Community Centre or downloaded online at www.peachland.ca under Recreation Programs.

Bridge – Creative Playtime

In Partnership with the Bridge Youth and Family Services
Birth-6 years
Join us for playtime, crafts, snacks and songs! Children will experience play, social interaction, and you – the caregiver – get an opportunity to meet other families and add some strategies to your parenting tool box. Caregiver participation is required. Monthly schedules are available at the Community Centre and through Bridge Youth and Family Services. No program Sept 18, 25, Oct 30, Dec 4.

Heritage Park
Fri 10:00 am-12:00 pm Sep 11
FREE
Community Ctr
Fri 10:00 am-12:00 pm Oct 2-Dec 8
FREE

Floor Hockey

8-11 years
Boys and girls will have active fun learning techniques and developing hockey skills. Use one of our sticks, or bring your own (no wooden blades please).

Main Rm Dustin
Thu 4:30-5:30 pm Oct 1-Dec 3
#2569 $19/11 Sessions or $2/visit

Tween Drop In & Multisport

In Partnership with the Boys and Girls Club
9-12 years
Tweens will meet at 3pm at the Elementary bike racks and come back to the Club where we will hang out, have a snack and then go next door to the Community Centre to play active games and sports.

Boys and Girls Club
Tue 3:05-8:00 pm Sep 15-Dec 15
FREE

See pages 8, 26 and 27 for special events and more family fun!

OKANAGAN BOYS & GIRLS CLUBS

In Peachland - 5684 Beach Avenue - Tel: (250) 767-2515 Fax: (250) 767-6288
Email: peachland@boysandgirlsclubs.ca www.boysandgirlsclubs.ca

2015 FALL PROGRAM GUIDE

The Okanagan Boys & Girls Clubs has been a leading provider of programs to children, youth and families since 1959. Each year our programs and services support the healthy physical, educational and social development of over 6,000 young people and families in 33 clubs and service locations throughout the Okanagan Valley. As a member of the Boys & Girls Clubs of Canada, the Okanagan Boys & Girls Clubs help young people grow healthy, happy and safely from birth to adulthood, and are a resource and support for parents throughout their family's involvement with us. Visit us to find out why the Okanagan Boys and Girls Clubs is "A good place to be!"

In Partnership with the District of Peachland and the United Way
We are proud to be a part of the Peachland Historic Primary School Youth Centre!

The Peachland Youth Center drop-in programs and special events offer free supervised recreational activities five days per week. Activities include: Free afternoon snacks and dinner nights, pool and ping pong table, Sony Play Station 3, computers and Internet access, movies, music, cards & board games and out-trips to local attractions!

Youth Programs

Youth Zone (ages 13+)

Saturdays 6-9pm

Get in the Zone on Saturday nights, a time just for Teens to hang out with friends in a relaxed environment.

Fusion Fridays! (ages 13+)

Fridays 4-8pm

Start your weekend with friends at the Club! Each Friday we'll plan something different from out trips and theme nights to cooking and workshops such as leadership & employment readiness. Please note there may be a small fee for out trips.

Tween Programs

Tween Drop In & Multisports (ages 9-12)

Tuesdays 3:05-8pm

Staff will meet tweens at the Peachland Elementary bike racks at 3:05pm, come back to the Club where we'll hang out, have a snack and then go next door to the Peachland Recreation Centre to play a different sport or game each week!

Dinner Night (ages 9-12)

Wednesdays 5-7:30pm

Tweens will learn about healthy eating and practice life skills by cooking and eating dinner together.
$2/member/session or $5/member/month.

Tween Drop In (ages 9-12)

Thurdays 3:05-5:30pm

Staff will meet tweens at the Peachland Elementary bike racks at 3:05pm and come back to the Club where we'll hang out, play pool, and take part in crafts, sports, or games.

Tween Trips (ages 9-12)

Thursdays 5:30-8:30pm (pre-registration required)

Hop in the van as we take a trip to lots of cool locations such as bowling, swimming, and other Boys and Girls Clubs.
$5/member/trip unless otherwise noted on our monthly calendar.

Special Events

Friday, October 9 12-4pm H20 Swim Day (ages 13+)

Spend the afternoon splashing in the pool, lounging in the lazy river and racing down the waterslides. $15/members

Thursday, December 17 5:30-8:30pm Twinkle Tour and Treat (ages 9-12)

Get into the holiday spirit! We will tour through Peachland and West Kelowna to see the spectacular light displays. Afterwards we will return to the Club to warm up with hot chocolate and enjoy festive music. Spaces are limited, be sure to register early! **FREE**/members

Early & Middle Childhood Programs

Peachland Preschool (ages 3 to 5)

250-767-2515 - 5486 Clements Crescent

Our preschools provide children with a program where they will be encouraged to explore, learn, and grow in a stimulating and fun environment. Preschoolers will develop and practice social and language skills, cooperative play, independent thinking and an awareness of self. For those who qualify, Okanagan Boys and Girls Clubs offer tuition sponsorships. Classes for 3 year olds are available on T & Th. Classes for 4 year olds are available M, W & F.

After School Club (Grades K to 6)

***Located at our Club at 5684 Beach Avenue.**
Join us for fun - filled, action packed programs and activities after school for children in grades Kindergarten to Grade 6. Participate in sports, leisure, creative arts, personal growth and life skill activities. Members are provided with a nutritious snack and take part in a variety of recreational activities. Programs are available on professional days and during school breaks.
* Pre-registration is required.

DROP IN (AGES 6-12)

Drop In programs are times when members may visit the Club and take part in a variety of fun activities for FREE. Check out our monthly Calendars at the Club or on our website:
www.boysandgirlsclubs.ca

Drop in Hours

Saturdays 3-5:30pm

No child is refused membership because of an inability to pay
Financial assistance is available for all programs and services. Talk to your Club Director for more information.

Rental Space Available

The Peachland Boys and Girls Club has a great space available for rent. This room with high ceilings, large windows and lovely architectural details and comes equipped with folding tables and chairs.

Youth Services

Youth Services are designed to deliver support to youth who are experiencing personal, family or social difficulties and require people and resources to assist them in getting the help they need.
For more information please call us at 250-767-2515

Youth Council

Come join our Youth Council! Our Youth Council meets to discuss interests, youth council goals, special events, community projects and more. Being a Council Member will build your leadership and teamwork skills while planning fun events for your friends. Participation in the Youth Council is a great addition to your resume! To Join, call or Text (250) 859 3893.

Reconnect (Ages 13 to 18)

Reconnect provides support, referrals, parent-teen mediation & advocacy for high-risk youth that are homeless or at-risk of homelessness.
Contact: (250) 859-2524

Outreach Mental Health (Ages 12 to 18)

Outreach Mental Health is a short term program providing mental health services to high risk youth with psychiatric issues who are not willing or not able to access mainstream mental health services.

Contact: (250) 869-5093

COMMUNITY ADVISORY COMMITTEE

Community members provide us with information & advice about programs & partnerships that we should pursue within the Club. If you are interested in being a voice for your community, contact us at 250-767-2515

Volunteer! WANT TO MAKE A DIFFERENCE?
If you have a special talent or simply want to make a difference in a child's life, we would love to hear from you! Contact the Okanagan Boys and Girls Clubs to Volunteer!

HALLOWEEN SPOOKTACULAR

Start your Halloween shenanigans early with a Bouncy castle, carnival games, photo booth, face painting, haunted house, pumpkin carving/decorating, crafts, entertainment and a dance party!

Saturday October 31 1:30-3:30 pm
Community Centre
3 years and over
$5/child - $15 for 3 or more children of the same immediate family
Parents admission by food bank donation

Call to Register: 250.767.2133

Breakfast with Santa

Delightful for the young and young at heart! Delicious breakfast prepared by St. Margaret's Anglican Church, crafts, entertainment and a special visit with Santa.

Bring your own camera for a picture perfect day.

Planning on sharing a table with another family? Please advise us at time of registration.

Children must be supervised by adults. This is not a drop off Program.

Saturday December 5,
9:00-11:30 am
$10/6+ • $5/5 and under
• Free under 1 year
Food Bank collection on site.
Advanced registration required.

250.767.2133

The Community Fitness Room, located adjacent to the Community Centre, features:
3 treadmills • 2 spin bikes
• recumbent bike • free weights • stair climber • stability balls • universal gym
• elliptical trainer • kettleballs
• medicine balls
For your convenience, the Community Centre also has shower facilities.

Fitness Room Orientation

Familiarize yourself with the strength and cardio equipment in the Fitness Room. Learn proper technique and get tips from a certified fitness instructor.

Mon	*2:15-3:15 pm*	*Oct 5, Nov 2*
Wed	*6:00-7:00 pm*	*Oct 7, Nov 4*
$10	*18 and older*	
$5	*4-17 years old*	

Register 24 hours in advance:

250.767.2133

FITNESS ROOM HOURS:

Aug 21 - Sep 11
Mon-Fri 7:30 am - 5:00 pm

Sep 14 - Dec 11
Mon-Thu 8:00 am - 8:00 pm
Fri 8:00 am - 6:00 pm

Dec 11 - 18
Mon-Fri 7:30 am - 5:00 pm

CLOSED: Sep 7, Oct 12, Dec 11, Dec 25-31

ADMISSION RATES:

$4/visit • $20/month • $40/3 months

Chair Fit

Try it for FREE September 14

16 years and over

Sit to be Fit! Ideal for individuals who cannot stand for lengths of time, you will experience improved range of motion, coordination, strength and posture. A great class for people with arthritis, osteoporosis and others who experience mobility challenges. Special introductory price is available for this exciting new program. No program Oct 12 or Nov 23.

4th Street Pl	*Carla*	
Mon	*1:00-1:45 pm*	*Sep 21-Oct 26*
#2589	*$25/5 Sessions*	
Mon	*1:00-1:45pm*	*Nov 2-Dec 14*
#2590	*$30/6 Sessions*	

or $6.50/visit or $56.25/10 pass

Functional Fitness

16 years and over

Train your muscles to work together while you improve core stability, balance, flexibility and agility. A variety of strength and cardio exercises will be demonstrated with variations for effectiveness and safety that simulate common movements done at home, work or play. Space is limited – registration is recommended. No session Oct 12, Nov 11, 23, or 25.

4th Street Pl	*Carla*	
Mon	*9:30-10:30 am*	*Sep 14-Oct 26*
#2555	*$45/6 Sessions*	
Mon	*9:30-10:30 am*	*Nov 2-Dec 14*
#2556	*$45/6 Sessions*	
Wed	*9:30-10:30 am*	*Sep 9-Oct 28*
#2557	*$60/8 Sessions*	
Wed	*9:30-10:30 am*	*Nov 4-Dec 16*
#2558	*$37.50/5 Sessions*	

or $10/visit or $90/10 pass

Angel Tree

Help other families less fortunate this season. Visit an Angel Tree Nov 23-Dec 18. Trees are located at the Community Centre and Bliss Bakery.

Gentle Functional Fitness

Try it for FREE September 16

45 years and over

For those new or returning to fitness, you will experience a low impact and safe class that uses resistance equipment and stretches to help you gain strength, balance, agility and mobility. Special introductory price is available for this exciting new program. No session Nov 11 & 25.

4th Street Pl	*Carla*	
Wed	*1:00-2:00 pm*	*Sep 23-Oct 28*
#2592	*$42/6 Sessions*	
Wed	*1:00-2:00 pm*	*Nov 4-Dec 16*
#2593	*$42/6 Sessions*	

or $10/visit or $90/10 pass

Indoor Walking

16 years and over

Avoid slips and falls of walking outdoors and benefit from walking while meeting some new exercise partners. Please note that Indoor Walking scheduled until Sept 25 is Summer programming. Free walking is available on Friday, Dec 24. See p. 11 for details. There will be no walking Sep 11, 18, Oct 12, 30, Nov 11, or Dec 5.

Main Rm		
M W F	*8:00-9:00 am*	*Sep 28-Dec 23*
#2615	*$10/13 Sessions or $1/visit*	

Walkin' and Talkin'

Try it for FREE September 14

16 years and over

Boost your energy while exercising in the fresh air! Walk as a group and learn proper exercise technique from a certified instructor for the outdoor circuit equipment in Lambly Park. Build strength, flexibility and endurance in a fun and supportive environment. Special introductory price is available for this exciting new program. No session Oct 12.

Trep Park Kiosk	*Carla*	
Mon	*11:00 am-12:00 pm*	*Sep 21-Oct 26*
#2586	*$35/5 Sessions*	
Wed	*11:00 am-12:00 pm*	*Sep 23-Oct 28*
#2587	*$42/6 Sessions*	

or $10/visit or $90/10 pass

Flow Yoga
15 years and over

Increase energy, strength and flexibility with strong flow sequences, deep stretches and a focus on breath awareness to open the body. Variations offered to explore longer posture holds and pranayama (breath work) to expand and challenge your practice.

4th Street Pl	*Tessa*	
Tue	*9:00-10:00 am*	*Sep 1-Oct 27*
#2595	*$72/9 Sessions*	
Tue	*9:00-10:00 am*	*Nov 3-Dec 15*
#2596	*$56/7 Sessions*	
Fri	*9:00-10:00 am*	*Sep 4-Oct 30*
#2597	*$72/9 Sessions*	
Fri	*9:00-10:00 am*	*Nov 6-Dec 18*
#2598	*$56/7 Sessions*	

Enjoy flexible program fee options for drop in times

$10/visit or $90/10 pass for 1 hour programs

Restorative Yoga
Try it for FREE September 9

15 years and over

Increase flexibility, reduce stiffness and build strength in all areas of the body. Props such as blankets, blocks and straps will be utilized to increase the benefits of yoga. Suitable for individuals returning to physical activity or are new to yoga. No session Nov 11.

4th Street Pl	*Sandy*	
Wed	*11:00 am-12:00 pm*	*Sep 16-Oct 28*
#2600	*$56/7 Sessions*	
Wed	*11:00 am-12:00 pm*	*Nov 4-Dec 9*
#2601	*$40/5 Sessions*	

Vinyasa Yoga Flow
Try it for FREE September 21

15 years and over

Explore the mind-body connection through Vinyasa Flow. Based on Ashtanga yoga practice, Vinyasa yoga flow style connects movement with breath. Set at a moderate intensity, the focus will be on standing, seated, lying and twisting postures. No session Oct 12.

Banquet Rm	*Stefanie*	
Mon	*6:30-7:30 pm*	*Sep 28-Nov 2*
#2603	*$40/5 Sessions*	
Mon	*6:30-7:30 pm*	*Nov 9-Dec 14*
#2604	*$48/6 Sessions*	

Spin, Core & Stretch
Try it for FREE September 21

15 years and over

Burn calories, build strength and pedal your way to an improved fitness. Spin drills, core stability exercises and a stretch will round out your sweat session. Space is limited in all spin classes - registration is recommended. No session Oct 12.

Main Rm	*Stefanie*	
Mon	*5:15-6:15 pm*	*Sep 28-Nov 2*
#2606	*$40/5 Sessions*	
Mon	*5:15-6:15 pm*	*Nov 9-Dec 14*
#2607	*$48/6 Sessions*	

Spin Xpress
Try it for FREE September 21

15 years and over

Experience a short and sweaty session of strenuous spinning drills followed by a good stretch that sends you into the rest of the week feeling great. Space is limited in all spin classes - registration is recommended. No session Oct 12.

Main Rm	*Stefanie*	
Mon	*7:40-8:15 pm*	*Sep 28-Nov 2*
#2609	*$22.50/5 Sessions*	
Mon	*7:40-8:15 pm*	*Nov 9-Dec 14*
#2610	*$27/6 Sessions*	

or $5.60/visit or $50.40/10 pass

Drop In Volleyball

Try it for FREE
September 24

15 years and over

A great way to have fun and be active. Bring your friends and get in the game.

Main Rm

Tue	*9:00-11:00 am*	*Sep 8-Dec 15*
#2583	*$35/14 Sessions*	
Thu	*9:00-11:00 am*	*Sep 10-Dec 17*
#2584	*$37.50/15 Sessions*	
Thu	*7:00-8:30 pm*	*Oct 1-Dec 10*
#2581	*$27.50/11 Sessions*	

Or $3.50/visit or $30/10 pass

Christmas Eve Celebration

Everyone Welcome

Join us for a special Christmas Eve. Drop in to your favourite activity and stay for goodies and a special Christmas sing-along with Marty Edwards and, you never know, Jolly Ole' Saint Nicholas may even come out to play!

Com Ctr

Thu	*Various*	*Dec 24*
Indoor Walking	*8:00-9:00 am*	*FREE*
Sing-along Social	*9:00-11:00 am*	*FREE*
Volleyball	*9:00-10:30 am*	*$2*
Pickleball	*11:00 am-12:30 pm*	*$2*

Do you have some artistic or decorating talent you would like to share?

Join our event set up team to help stage events such as Halloween Spooktacular, Breakfast with Santa and Christmas Light Up. Call Julie 250-767-2133 for details.

Drop-In At a Glance • drop in available as space allows

MON	TUES	WED	THURS	FRI
Indoor Walking 8:00-9:00 am		**Indoor Walking** 8:00-9:00 am		**Indoor Walking** 8:00-9:00 am
Pickleball - 3.0-4.0 9:05-11:05 am	**Volleyball** 9:00 am-11:00 am	**Pickleball - 1.0-2.75** 9:05-11:05 am	**Volleyball** 9:00 am-11:00 am	
Pickleball - 1.0-2.75 1:30-3:30 pm	**Pickleball - 4.0+** 1:30-3:30 pm	**Pickleball - 3.0-4.0** 1:30-3:30 pm	**Pickleball - 4.0+** 1:30-3:30 pm	**Pickleball - 3.0-4.0** 1:30-3:30 pm
Drop in where space allows!			**Pickleball - All Play** 5:30-7:00 pm	
			Volleyball 7:00-8:30 pm	

Pickleball

16 years and over

Played on a badminton court, using tennis rules and a racquet that resembles a ping pong paddle, you use a wiffle ball to challenge your opponents in this exciting game. New players are encouraged to attend a pickleball clinic before attending a regular session. No session Sep 11, 18, Oct 12, 27, 30, Nov 11, Dec 4

Main rm

	Pickleball 1.0-2.75	
Mon	*1:30-3:30 pm*	*Sep 14-Dec 21*
#2559	*$35/14 Sessions*	
Wed	*9:05-11:05 am*	*Sep 9-Dec 23*
#2560	*$37.50/15 Sessions*	
	Pickleball 3.0-4.0	
Mon	*9:05-11:05 am*	*Sep 14-Dec 21*
#2561	*$35/14 Sessions*	
Wed	*1:30-3:30 pm*	*Sep 9-Dec 23*
#2562	*$37.50/15 Sessions*	
Fri	*1:30-3:30 pm*	*Sep 25-Dec 18*
#2563	*$27.50/11 Sessions*	
	Pickleball 4.0+	
Tue	*1:30-3:30 pm*	*Sep 8-Dec 22*
#2564	*$37.50/15 Sessions*	
Thu	*1:30-3:30 pm*	*Sep 10-Dec 17*
#2565	*$37.50/15 Sessions*	
	All Play NEW	
Thu	*5:30-7:00 pm*	*Sep 24-Dec 17*
#2576	*$36/13 Sessions*	

Or $3.50/visit or $30/10 pass

Pickleball Clinic-Learn to Play

16 years and over

Designed for new or novice players, you will learn the rules of the game, experience hands on play, and begin to enjoy playing Pickleball. Pre-registration required.

Main Rm	*Walter & Betty*	
Mon	*1:15-3:15 pm*	*Sep 14*
#2578	*$5*	
Mon	*1:15-3:15 pm*	*Oct 5*
#2579	*$5*	
Thu	*5:30-7:00 pm*	*Sep 24*
#2580	*$5*	

Drop in available as space permits.

Guarantee your spot by registering for the season.

Peachland Recreation Pickleball

Welcome to Peachland Pickleball. Peachland Recreation endeavours to provide a variety of recreational and competitive play opportunities to Peachland residents and guests. Volunteers support the Pickleball program by helping manage the day to day operation of the program. Please choose a program below best suited for you. Ranking is based on IFP Pickleball Rating system. Volunteers can also assist you in finding out your rating. A brief description is below; however, for a detailed description, please see the recreation staff or volunteers.

Rating 1.0-3.0

- Minimal to no knowledge of the game
- Can sustain short rally with player of equal ability
- Some knowledge of court positions
- Developing basic shots (forehand, backhand, volley, overhead and serve)

Rating 3.0-4.0

- Consistent on serve and service return for medium and faster paced balls
- Improved skills with basic shots and developing shot placement skills including direction and depth control
- Beginning to anticipate opponent's shot and attempt lob and dinks with little success
- Exhibits some aggressive net play

Rating 4.0-5.0

- Consistent and dependable strokes including directional control and depth on both forehand and backhand shots
- Reliable serves, lobs, overheads, approach shots and volleys and can use a spin shot with some success
- Anticipates a shot and regularly can hit a winning shot
- Forces an opponent into making errors
- Aggressive net play and teamwork in doubles

LIQUID LIGHTNING
SWIM CLUB WEST KELOWNA

TRY ME SWIM CAMP

For swimmers 6 to 12 years old who can swim 25 meters and would like to improve their swimming stroke techniques.

Dates: Monday to Friday, Aug 31 - Sept 4, 2015
Cost: $25.00 • **Place:** Johnson Bentley Pool
Contact: Michelle - 250-575-2457 • **Email:** registrar@liquid-lightning.com

For more information and registration, please see our website: Liquid-Lightning.com

Get Outside this Fall in a Regional Park!

Upcoming Regional Parks events:

FAMILIES IN PARKS - Free, Drop-in Events
AUGUST 30th - WELCOME the KOKANEE FESTIVAL
at Hardy Falls Regional Park, 11am-3pm

SEPTEMBER 12th - KALAMOIR PANCAKE BREAKFAST
at Kalamoir Regional Park, 9-11am

SEPTEMBER 26th GELLATLY HARVEST FAIR
at Gellatly Nut Farm Regional Park, 10am-3pm

OCTOBER 25th SPOOKTACULAR PUMPKIN WALK
at Gellatly Nut Farm Regional Park, 5-8pm

EXPLORE YOUR PARKS - Free, please pre-register
SEPTEMBER 12th - Bears and Cougars
at Kalamoir Regional Park, 10-11:30am

OCTOBER 24th - Exploring Autumn
at Rose Valley Regional Park, 10-11:30am

www.regionaldistrict.com/parksevents
250 469-6140

Naturally Yours RDCO REGIONAL PARKS

Your Leading Source for

First Aid & CPR

Training, Supplies & Equipment

GENERAL FIRST AID COURSES
- Save That Child
- Babysitting Basics
- Standard First Aid & CPR

INDUSTRIAL SAFETY COURSES
- OFA Level 1, 2, 3
- Fall Protection
- H2S

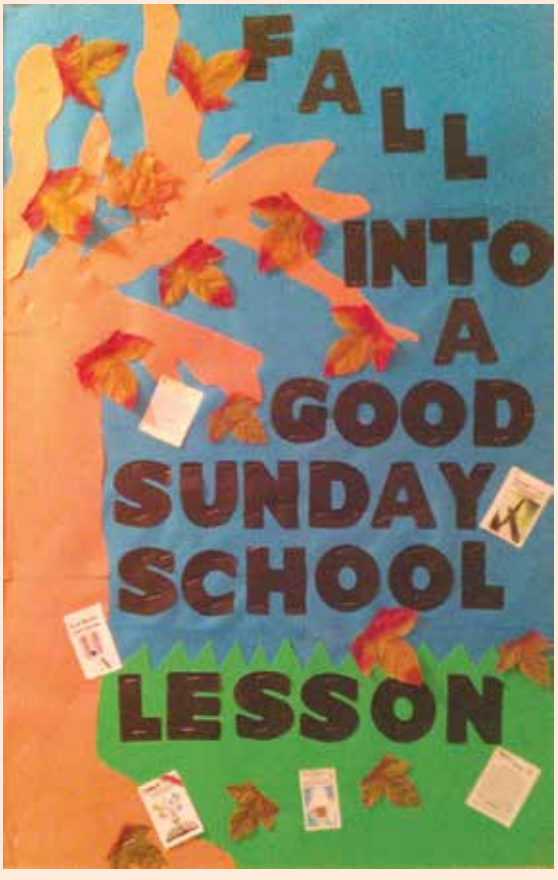
SAFETY KITS & SUPPLIES
- Kits for Home, Work & Play
- Emergency Preparedness
- AEDs

VOLUNTEER OPPORTUNITIES
- Volunteer Brigade Advanced Medical Emergency Responder
- Therapy Dog Program

St. John Ambulance
SAVING LIVES
at work, home and play

Visit Your Local Branch:
1941 Kent Road
250-792-2840
www.sja.ca

Join us for fall Sunday School



Helping Kids Build a Relationship with God

Grace Lutheran Church has a Sunday School class just right for you!

Sunday School starts Sept. 13/15 @ 10:30 a.m.

AGES 2 THROUGH GRADE 6

SCAN ME SCAN ME

Pastors: Ed Skutshek and David Wunderlich

A member congregation of CALC and LCMC

Grace Lutheran Church

1162 Hudson Road, Kelowna BC

250-769-5685

www.gracelutherankelowna.com

LIQUID LIGHTNING

SWIM CLUB WEST KELOWNA

SOME OF OUR GROUP DESCRIPTIONS

Swim Schedules for all groups can be found at liquid-lightning.com and are subject to change*

Mini Lightning: Development Squad 8-13 years

The focus continues to remain on learning the competitive strokes with the major emphasis on technique. Proper starts and turns are introduced. Swimmers may choose to participate in competition at the regional meets. Training is more flexible than competitive groups.

Bronze Lightning: Developmental Squad 10-13 years

Swimmers must be able to swim one length of the pool freestyle. Introduction of the fundamentals of competitive swimming and the coaching of four competitive strokes: freestyle, backstroke, breaststroke and butterfly. Swimmers will be encouraged to attend competitive Regional & Provincial swim meets.

Gold Lightning: National Age Group Squad 12 years +

More intensive training and high level performance. Swimmers are training for Provincial, Junior National, National and International swim meets. Additional training times could be added during the season. Dryland, yoga and weightlifting sessions supplement water training. A higher commitment to quality training and appropriate competition is required. Swimmers must be fully committed to the training and competition program.

The Liquid Lightning Swim Club is a program that encourages the achievement of personal goals in swimming through the fun of fitness, team spirit, and competition. The club fosters an environment where all swimmers, regardless of ability, are encouraged to strive for personal goals in the sport of competitive swimming. The club focuses its entire resources on the support of competitive swimming activities for the benefit and enjoyment of all swimmers. Liquid Lightning Swim Club programs are eligible for the Children's Fitness Tax Credit.

Contact: Michelle - 250-575-2457 • **Email:** registrar@liquid-lightning.com

For more information and registration, please see our website: Liquid-Lightning.com

Lakeside Auto Care

250.767.6615

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* Fully equipped large studios.
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* All ages and levels.
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(RCM and popular styles),
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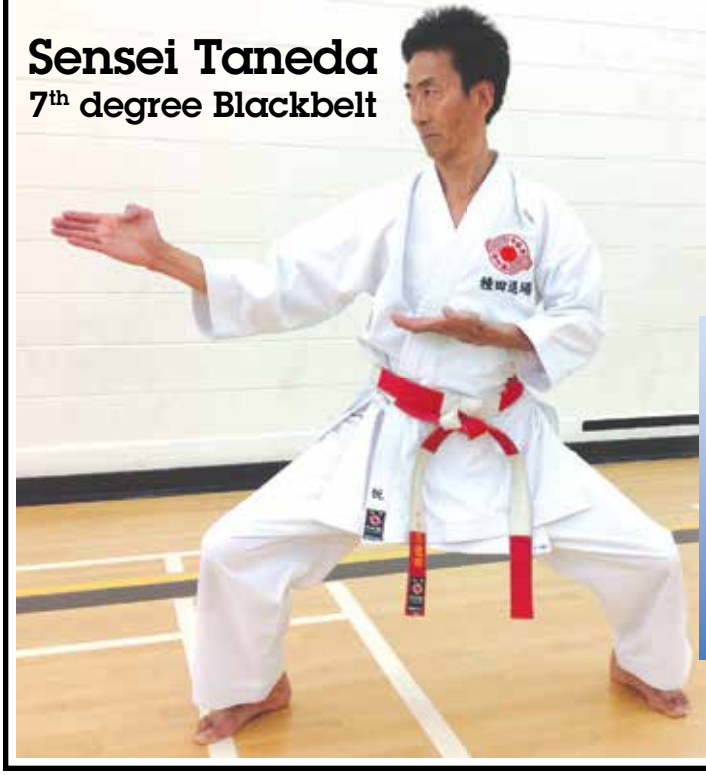
Est. 1981

Sensei Taneda
7th degree Blackbelt



▪ Kelowna ▪ West Kelowna
▪ Summerland ▪ Penticton

Kids' Classes
5 and Up

Adult Classes

For information and registration, please call
250-768-2241 or
1-866-445-5425
Read our testimonials:
tanedakaratedojo.com

Find us on Facebook!

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- Weight Room • Health & Wellness Workshops
- Preschool/Children/Youth/Adult Programs
- Eagle Adventure Summer Day Camp
- Red Cross Swimming Lessons
- Wet & Wild Birthday Parties
- Advanced Aquatic Training

Johnson Bentley Memorial Aquatic Centre

3737 Old Okanagan Hwy, West Kelowna

facebook.com/yourJBMAC

250-768-4442

Swim Safe...Get Fit...Be Active...

TAKE A SHOT - PLAY CANADA'S GAME.

HAVE FUN WHILE YOU STAY FIT!

FOR REGISTRATION INFORMATION, PLEASE VISIT www.westkelownaminorhockey.com

NEW PLAYERS *Now Accepting Registrations*

The West Kelowna Minor Hockey Association is welcoming new players - both boys and girls - of all ages. Openings in all levels:

Initiation (2010/2009 • 5/6yrs)
Novice (2008/2007 • 7/8yrs)
Atom (2006/2005 • 9/10yrs)
Pee Wee (2004/2003 • 11/12yrs)
Bantam (2002/2001 • 13/14yrs)
Midget (2000/1999/1998 • 15/16/17yrs)

WEST KELOWNA WARRIORS MINOR HOCKEY

Special registration *discounts* for first time players!
And COACHES, we need you too!
Phone **250-769-1543** or email **westkelownaminorhockey@shaw.ca** for more info.

LEARN THE ART OF BOXING

Peachland Boxing Club uses the defensive counter-punch style of boxing to teach respect, honour, discipline and character building.

The workouts are intensive yet fun. A medical and BC Boxing membership is compulsory for club membership.

Members have come here as beginners and have progressed to National competitors.

Ages 10 and up.

Monday & Wednesday 6:00 p.m. at 4th Street Place.

Male and female members welcome.

Annual membership $100

Membership with Boxing BC required.

Registration at Peachland Rec Centre - 6th Street

Phone 250-767-2133

LEARN DISCIPLINE, COMMITMENT & TEAMWORK

Dance City Academy

Tap ✶ Jazz ✶ Ballet ✶ Hip Hop ✶ Modern ✶ Musical Theatre

Now Registering for Fall Classes

Aug 17 - 21:	10am – 5pm
Aug 24 - 27:	2pm – 5pm
Aug 31 – Sept 3:	2pm – 4pm
Sept 8 – 10:	2pm – 4pm

2689 Kyle Road, West Kelowna
250-769-3389
www.dancecityacademy.com

GO AHEAD AND YELL - IT'S PART OF THE GAME

START CURLING ca.

it's fun, it's easy, it's close & it's very affordable!

The Summerland Curling Club welcomes you!

Registration:
Thursday September 17, 2015
from 6pm - 9pm

SPECIAL INTRODUCTORY FEE OF $100 FOR NEW MEMBERS

Regular season rates are from $145 to $170 per league + $30 yearly club dues. Partial season rates and curling instruction are available.

BEGINNER OR EXPERIENCED WE HAVE SOMETHING FOR EVERYONE

Daytime: Men's, Ladies, Mixed, Senior & Stick (Sturling) leagues
Evening: Men's, Ladies, Mixed & Friday "Social" leagues

COME AS AN INDIVIDUAL OR GET TOGETHER WITH SOME FRIENDS - EVERYONE IS WELCOME!

Curling starts October 13th with practice open October 11th & 12th

FOR MORE INFORMATION CONTACT JOHN GREGG AT 250.494.1497 OR E-MAIL jgregg@vip.net

check our website at www.summerlandcurling.org

Experience a Rainbow of Opportunity at the Peachland Wellness Centre!

Join us for fun, entertaining, physical, interactive and social programs and services that meet the needs of any age group in Peachland. Enjoy our programs as a participant; or, volunteer your skills and expertise while giving back to the community.

Community members laugh out loud at coffee socials, and fabulous fun games of cards. If you like to stretch you can join a walking program or Tai Chi, or join our singers and stretch your vocals. Our programs are so numerous you need to stop by the cozy little house on 5th Street and discover the Pot of Gold.

Contact us Mon to Fri, 9 am to 3 pm for more information.

The Peachland Wellness Centre
4426 5th Street, Peachland BC
phone: (250) 767-0141
email: wellnesscentre@shaw.ca
www.peachlandwellnesscentre.ca

EAGLE'S VIEW
FINANCIAL

Bruce Macdonald CPA, CA

Financial Planner

t: 778 479 3005 141-4350 Ponderosa Dr.
c: 250 575 6146 Peachland, BC V0H1X5
brucemacdonald@shaw.ca
www.eaglesviewfinancial.ca

Dogs in Parks

The District of Peachland offers a variety of parks and trails where owners can exercise, socialize and play with their dogs. Dogs are allowed in most municipal parks on-leash unless otherwise specified. Regulation of dogs in parks is by the Regional District Responsible Dog Ownership Bylaw #1343 and the District of Peachland Parks Bylaw #2089.

Responsible Use of Dog Parks

- Off leash dogs are only allowed within designated areas
- Owners must be capable of controlling dog at all times
- Please have your dog on leash when travelling to and from the park
- Please remember that you are responsible for picking up after your dog
- Please leave the park cleaner than you found it

Dogs are not permitted in the following areas:

- Parks with children's play structures
- Designated Swim areas
- Sports fields

Dog off Leash Parks:

- MacKinnon Park
- Sanderson Park
- WA Lang Park (*please respect Regional District Boundary where dogs are allowed on leash only)

Off Leash Dog Beach:

- T-Boat Launch

On Leash Dog Beach

- Designated area between 3896-3860 Beach Ave
- Designated area at Strachans Beach between 8th and 12th Street on Beach Ave

For a full listing of parks and dog accessibility, refer to p. 20-21.

Why Not You?

PEACHLAND ON THE LAKE

Volunteers are needed to assist with various aspects of these programs and events. From Community Celebrations to races and children's special events, volunteer contributions make a difference to community spirit and pride.

Upcoming Events:

- Halloween Spooktacular
- Breakfast with Santa
- Glow Run
- New Year's Day Polar Bear Run & Walk

Be Active. Get Involved. Be a Recreation Volunteer.

Call 250-767-2133

PARK NAME	DOGS WELCOME ON LEASH	DOGS WELCOME OFF LEASH	PASSIVE/SOFT ACTIVE	ACTIVE	FEATURES
13th Street Viewpoint Beach Ave & 13th St	✔		✔		• Swimming • Picnic Area • Spirit Square • No boats in swimming area
6th Street Park Beach Ave & 6th St	✔			✔	• Basketball Court
Boat Launch Beach Ave & 8th St	✔		✔		• Boat Launch
Burdekin Lane Buchanan Road	✔		✔		• Undeveloped Walkway • Picnic Area
Cenotaph Park Beach Ave & 2nd St	✔		✔		• Memorial • Scenic • Walkway • Flower Bed
Centennial Park Cenotaph to Swim Bay	✔		✔		• Memorial • Scenic • Picnic Area • Access to beach (rocky) • Wharf nearby • Benches
Chevallier Park Desert Pines Ave & Coldham Rd			✔		• Neighbourhood Park • Picnic Area • New Playground (Chevallier Park)
Cousins Park Beach Ave & 6th St				✔	• Sports Field • Softball Diamond • Basketball nearby • Washrooms • Summer Concession nearby
Cove Beach (Davis Cove) Beach Ave N			✔		• Beach Access • Swimming • Sandy area • Scenic
Doggy Beach T Boat Launch Hwy 97 & Princeton	✔	✔	✔		• Boat Launch • Breakwater • Swimming • Picnic Area • Scenic • Fenced dog area
Elizabeth Warrendorf Trail Renfrew Rd to Bulyea	✔			✔	• Undeveloped trail
Forest Hill Drive Wilderness Park	✔			✔	• Wilderness • Hiking
Gillam Crescent Park End of Gillam Cres	✔		✔		• Undeveloped Neighbourhood Park
Heritage Park Beach Ave across from Museum			✔		• Spirit Square • Picnic Area • Benches • Washrooms • Playground • Totem Pole/Pavilion
Knoblauch Park Elliott Ave			✔		• Neighbourhood Park • Picnic Area • Playground
Lambly Park Hwy 97 & San Clemente	✔			✔	• Walkway (paved path) • Picnic Area • Tennis Courts • Skate Park • Outdoor Fitness Equipment
Law Street Park	✔		✔		• Undeveloped Neighbourhood Park
MacKinnon Park MacKinnon Rd & Upton Rd		✔		✔	• Wilderness Park • Hiking
Morrison Park Morrison Road			✔		• Neighbourhood Park • Picnic Area • Scenic • Playground
Pincushion Mountain	✔			✔	• Hiking • Scenic
Riding Club Princeton & Law	✔			✔	• Clubhouse • Riding Area
Sanderson Park 5900 Sanderson Ave		✔	✔		• Undeveloped • Walking Trails

PARK NAME	DOGS WELCOME ON LEASH	DOGS WELCOME OFF LEASH	PASSIVE/SOFT ACTIVE	ACTIVE	FEATURES
Stairway to Heaven Victoria St at Gladstone	✔			✔	• Wilderness • Access via stairs (long) • Scenic
Strachan's Corner Doggy Beach 8th St	✔		✔		• Boat Launch • Swimming • Picnic Area • Scenic • Dogs may swim off leash but must be on leash on the shore
Swim Bay Beach Ave & 6th St				✔	• Swimming/Swim Lessons • Concession/Picnic Area • Wharf/Diving Board • Zip Line/Rope Swing • Lifeguards • Washrooms
Trepanier Bay Beach Beach Ave & Todd Rd			✔	✔	• Sandy Beach • Boat Launch • Swimming Area • Washrooms
Trepanier Linear Park Beach Ave & Todd Rd	✔		✔		• Walkway • Creek Side Waterway • Benches • Scenic Connection • Information kiosk • Outdoor Fitness Equipment
Turner Park & Sports Box Turner Ave				✔	• Leased facility • Ball Diamonds • Sportsbox • Washrooms • Playground • Picnic Area • Winter Ice Rink • No dogs allowed
WA Lang 6th Ave & Pincushion Pl		✔		✔	• Wilderness Park • Hiking • Access to Regional District and Crown land access to Pincushion Mountain • Dogs on Leash required outside District boundary

Park Rentals

Rotary Centennial Pavilion & Heritage Park

Located at Beach Ave and 1st Street, Heritage Park is ideal for weddings and community gatherings.

Park Features:

- Electrical
- Washrooms across the street
- Water
- Children's playground

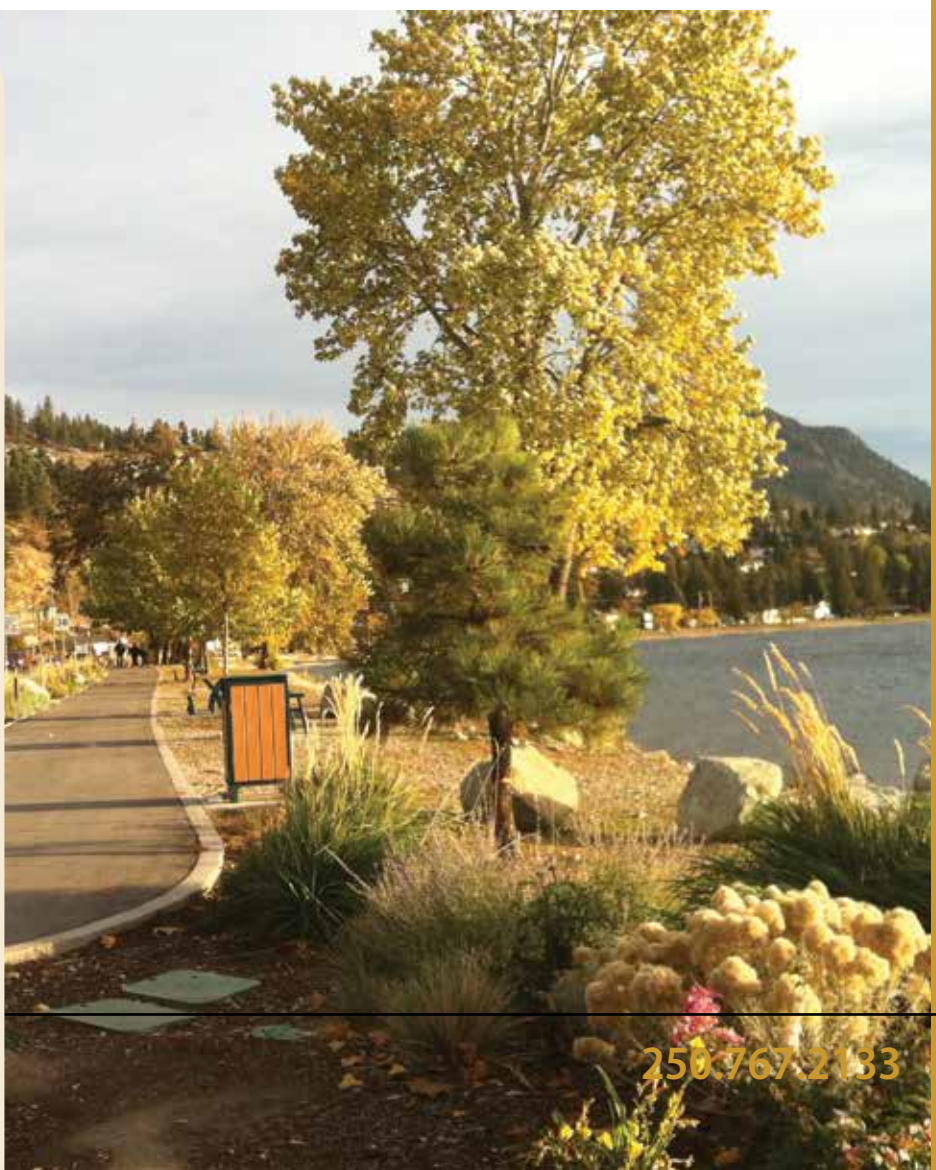
Cousins Park

Located at Beach Ave and 6th Street, Cousins Park is both a ball field and a special event site.

Park Features:

- Electrical
- Water
- Washrooms across the street

For rental information call 250.767.2133



Peachland Community Centre

Located at 4450 6th Street

Facility Features:

- Wheelchair accessible
- AED
- 400 chairs
- 50 rectangular tables (8x3)
- 40 round tables
- Shower facilities
- Commercial kitchen

Banquet Room (36 x 47 ft)

Maximum Capacity: 118 (*Capacity varies depending upon set up)

Features:

- Catering supplies for 400
- Access to commercial kitchen

Main Room

Maximum Capacity: 518 (varies depending upon event set up)

Features

- Catering supplies for 400 people
- Stage
- Access to commercial kitchen & bar area

4th Street Place

Located at 4475 4th Street

Maximum capacity - 50 (varies depending upon event set up)

Facility Features:

- Small non-commercial kitchenette
- AED

Rates and availability: 250.767.2133

The Little Schoolhouse

Located on 1889 Brandon Lane, the Little Schoolhouse is operated by the Little Schoolhouse Society. The Little Schoolhouse combines a quaint old-fashioned atmosphere with up to date facilities.

Maximum Capacity: 123
(capacity varies depending upon event set up)
Theatre Style: 50
Banquet style: 41
Meeting style: 26

Facility Features:

- Wheelchair accessible
- Small kitchenette
- Refinished fir wood flooring
- Outside paved terrace

Rates and availability:
250.575.8226

Peachland Wellness Centre

Located at 4426 Fifth Street, the Peachland Wellness Centre (PWC) is a not for profit charitable society. PWC provides social interaction, education, support, information, referrals and outreach through many programs and services for all residents of Peachland. The charmingly renovated 1940s style cozy little house is wheelchair accessible.

Maximum capacity:
Main room: 30
Tranquil Room: 10

Facility Features:
- Kitchen
- Wheelchair accessible
- Comfortable seating

Rates and availability: 250.767.0141
Visit www.peachlandwellnesscentre.ca

50+ Activity Centre

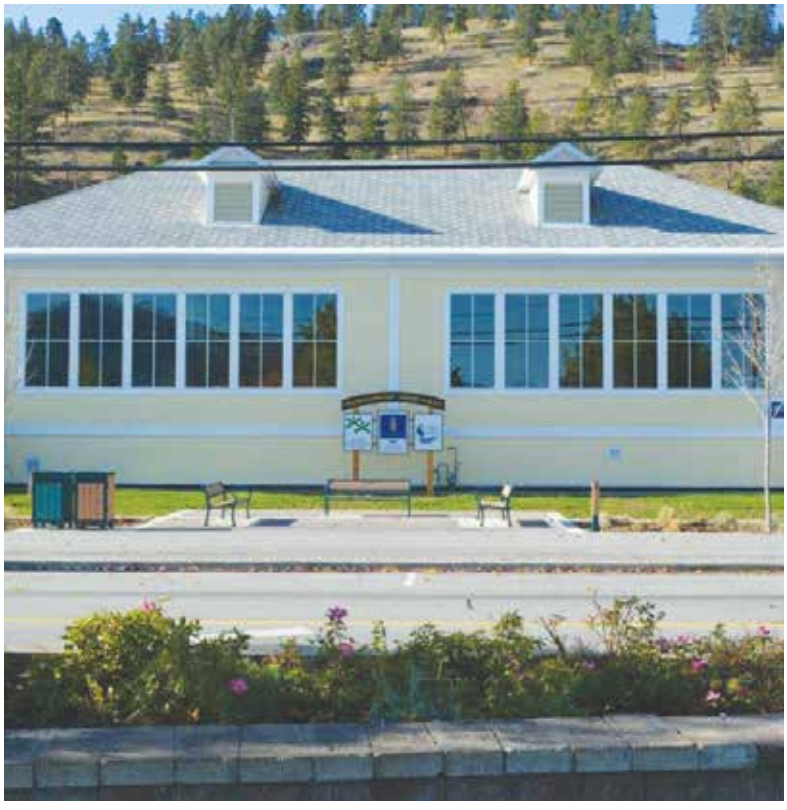
Located at 5672 Beach Ave, the Activity Centre is operated by the Peachland & District Retirement Society offering programs for the enjoyment and well being of its members as well as offering the facilities to the community for rental.

Maximum capacity: 235
(varies depending upon event set up)
Theatre Style: 200
Banquet style: 120
Meeting style: 170

Facility Features:
- Commercial Kitchen
- Catering supplies for 150
- Stage
- Bar area
- Dance floor
- House sound system
- Stage lighting
- Wheelchair accessible

Rates and availability:
250.767.9133

Peachland Historic Primary School



Located at 5684 Beach Ave, the Historic Peachland Primary School is home to the Peachland Chamber of Commerce, Peachland Visitor Centre, Legends of the Lake Interpretive Centre, Okanagan Boys and Girls Club and the Peachland Art Gallery. The 1908 primary school had been home to generations of children in Peachland until it closed in 2003. This rejuvenated iconic community asset will provide for local children and youth programming as well as provide an accessible location for recreation, arts, cultural and social programming for all ages. Community rentals are also available.

Facility Features:

- Training Room
- 2 Non-commercial Kitchens
- Community meeting/ program space
- Peachland Youth Centre
- Yuma Bat Roost
- Peachland Art Gallery at the Mary Smith Hall

Peachland Art Gallery

Located in the Mary Smith Hall at the Peachland Historic Primary School, the Peachland Art Gallery is a volunteer artist-run community gallery hosted by the Peachland Community Arts Council (PCAC). The Arts Council is dedicated to providing this beautiful space to local and regional artists. This all-inclusive space welcomes displays by painters, photographers, sculptors, fabric artists, potters, dancers, singers and more. There are plans to host musical performances, literary readings and other art related events throughout the year. Art-related rentals will be considered by the PCAC upon request. Everyone is welcome.

Mary Smith Hall:

Maximum Capacity: 80 (*capacity varies depending upon set-up)

Features

- Art Gallery
- Non-commercial kitchen (no food preparation)
- Coffee and tea service

Rates and availability:

250.767.7422

www.pcartscouncil.com

Peachland Chamber of Commerce/ Peachland Visitor Centre

Located in the Peachland Historic Primary School

Community Rentals:

Training Room

- Maximum Capacity: 24 (*Capacity varies depending upon set up)

Features:

- AV equipment (conference phone, projection unit and screen)
- Internet / Wi-fi
- Coffee and tea service
- Board table
- Non-commercial Kitchen

Rates and availability:
250.767.2455

Okanagan Boys and Girls Club

Located in the Peachland Historic Primary School, the Boys and Girls Club is home to the Peachland Youth Centre. For Youth and Program information see pages 8-9.

Community Rentals:

Facility Features:

- Community Room (maximum capacity 48)
- Meeting/Program Space
- Kitchen

Rates and availability:
250.767.2515

FAMILY GLOW RUN

Friday Sept 25 • 7:30 pm

All ages

Starting in Heritage Park, a 5K run or a 2.5K walk or run along Beach Ave. Come out with the whole family and enjoy a stroll or run under the spell of the night. Check in at Heritage Park at 6:30-7:00 pm. To register visit www.peachland.ca or call 250.767.2133

Adults (13+) #2616
$10 Aug 21-Sept 24
$20 Sept Cash Only

Children 5-12 #2629
$5 Aug 21-Sept 24
$10 Sept 25 Cash Only

Children Under 5 are Free #2630

Peachland Christmas Craft Fair

Get ready for Christmas!

Purchase your gifts from local artisans. Find exciting handmade treasures and works of art for that someone special on your shopping list.

For further details call 250-767-0141

Saturday, November 28, 2015
Peachland Community Centre
9:00 am to 3:00 pm
Admission by donation, proceeds to the Peachland Wellness Centre

Artisans, to book your table(s)
($40/one table, $70/two tables, $90/three tables)
please contact the Peachland Wellness Centre at 250-767-0141

Hosted by the Peachland Wellness Centre
4426 5th Ave, Peachland, BC V0H 1X4
wellnesscentre@shaw.ca

Take a Dash and then Splash with us on New Year's Day!

Polar Bear Walk or Run

All ages

Get your New Year's Resolutions to be active off to a great start! Choose between a 2K or 5K walk or run.

Fri Jan 1 10:00-11:30 am

Adults 13+ #2572	***Children 5-12 #2573***
$12 Aug 24-Dec 24	***$5 Aug 24-Dec 24***
$15 Dec 25-31 *on line only	***$8 Dec 25-31 *on line only***
$20 Jan 1 Cash Only	***$10 Jan 1 Cash Only***

Children Under 5 are Free #2574

Polar Bear Swim

6 years & over

Celebrate 2015 with a splash into Okanagan Lake. This event is free but pre-registration is required on the day of. Check in is at 12:30 pm at the Community Centre to sign waivers. The swim is at 1:00 pm.

Fri Jan 1 1:00-1:30 pm

Free

register
250.767.2133

Peachland Community Christmas Light Up

Fri, Dec 4

Celebrate all that is great about being in Peachland featuring entertainment and activities in and around Peachland with a premier Light Up event at Heritage Park. Official Light Up is approximately 6:10 pm.

This year's event includes:

- Entertainment
- Refreshments
- Santa Claus parade
- Main light up event
- And more…

Watch for a detailed schedule at www.peachland.ca

***The following programs are not affiliated with the District of Peachland or the Community Centre. The District of Peachland provided the following groups free advertising for their recreational, educational and cultural programs as a community service. If you wish to list your local group or program in the next Recreation Guide, please contact Cheryl at 250.767.2133.*

Events

96th Annual Peachland Fall Fair

A variety of categories are available for entries. Everyone is invited to come down and see the displays and exhibitions. For entry categories and more information including times for exhibit entry tickets, visit the website at www.peachlandfallfair.ca. Awards to be presented on Sunday at 4:30 pm.

Community Centre

Sat	1:00-6:00 pm	Sep 12
Sun	10:00 am-4:00 pm	Sep 13

Adults $4, Youth $1, Child Under 12 $ .50

Peachland Ambassadors Pageant

The Peachland Ambassadors program celebrates 66 years Saturday features a talent and fashion show, the evening wear presentations, impromptu questions, greetings from visiting royalty, awards presentation & coronation. For more information contact Linda at 778-479-2843.

Community Centre

Sat	7:00-9:00 pm	Sep 19

Peachland Remembrance Day Services

Please join the Royal Canadian Legion Branch #69 as we honour our veterans and fallen comrades. Everyone is welcome.

Community Ctr

Wed	10:00 am-12:30 pm	Nov 11

Children & Youth

NEX Gen

Hosted by the Emmanuel Church, enjoy an evening of games, snacks and lessons from the Bible. Gr. 4-6 meet on Thur, September through June from 7:00-8:30 pm and Gr. 7-12 meet on Tues, September-June from 7:00-9:00 pm. For more information and locations visit www.emmanuel.net/nex-gen

The fire brigade offers fire extinguisher training as well as a variety of first aid courses. To book a private course, contact Dennis at 250.767.2841.

Okanagan Boys and Girls Clubs

The Boys and Girls Club offers a variety of programs and opportunities for children and youth including a preschool program, afterschool program and Peachland Youth centre. For more information check out the ad on p. 6 & 7 or visit www.boysandgirlsclubs.ca

Peachland Elementary Strong Start

The Strong Start program offers early learning opportunities to young children. Parents and guardians can take young children to learn through play while interacting with an early childhood educator. Sept-June Mon-Fri 8:45-11:45 am. For more information visit: www.ple.sd23.bc.ca

Girl Guides of Canada

Enabling girls to be confident, resourceful and courageous. The Girl Guides of Canada continues to help girls and young women make a difference in the world. Contact Ruth 250.212.6898 or Kristy 778.385.3675.

Boxing Club

The Boxing Club meets on Mon & Wed 6-8 pm at 4th Street Place, September through June. 4th Street Place is equipped with a boxing ring where youth 11-18 years of age will get fit while learning counter-punch style boxing, good healthy respect for others, as well as developing both confidence and character. For more information call Terry 250.767.3080 or to register contact the Recreation Department at 250.767.2133.

Seniors and Adults

50+ Activity Centre

Located at 5672 Beach Avenue, the Activity Centre is operated by the Peachland & District Retirement Society, offering programs for the enjoyment & well being of its members. Membership in the PDRS is $15 per year, and enables those 50 years of age and over to participate in all activities. The Centre is available for rental for such occasions as wedding receptions, dances, banquets, etc.; rates vary with times booked. For information on membership, activities or rentals, please call 250.767.9133 or drop in and pick up a schedule. Office hours are weekday mornings from 9:30-11:30 am.

Wellness Centre

Dedicated to the provision of services and programs that benefit the individual and the community, the Wellness Centre provides a variety of weekly programs such as Sunday breakfasts, skill development, social and support programs. For more information call 250.767.0141.

Arts and Culture

Friends of the Peachland Library	Sandra	250.767.9076
PDRS 50+ Centre (wood carving, art group and more)		250.767.9133
Peachland Art Gallery		250.767.7422
Peachland Art Group	Dian	778.479.2103
Peachland Community Arts Council	Deb	250.767.6796
Peachland Friday Art Club	Roberta	250.767.2954
Peachland Players	Rhoda	250.767.2196
Peachland Quilters Club	Barbara	250.767.2357
Peachland Variety Singers	Phyllis	250.767.2546
Pincushion Quilt Guild	Heather	250.768.4929
Summerland Pipe Band		250.767.0250

Churches

Baptist Church		250.767.9237
Maple Springs Bible Camp		250.767.2354
Peachland Community Church	John	250.767.9626
Peachland United Church & Bargain Bin		250.767.2206
St. Margaret's Anglican Church		250.767.3131

District of Peachland

Municipality After Hours		250.868.1621
Municipal Office		250.767.2647
Recreation Department		250.767.2133
Water/Public Works Shop		250.767.2108

Facilities

50+ Activity Centre		250.767.9133
Library		250.767.9111
Little Schoolhouse		250.575.8226
Peachland Art Gallery		250.767.7422
Peachland Chamber of Commerce		250.767.2422
Peachland Food Bank		250.767.3312
Peachland Museum		250.767.3441
Peachland Visitor Centre		250.767.2455
Peachland Wellness Centre		250.767.0141
Red Cross Loan Cupboard		250.768.8965

Health and Wellness

Peachland Breastfeeding Café	Lee	250.767.9626
PDRS 50+ Activity Centre (TOPS, Yoga, AA @ Noon and more)		250.767.9133
Peachland Wellness Centre		250.767.0141
TOPS (Take Off Pounds Sensibly)	Doreen	250.767.2132
Westside Health Network		250.768.3305

Schools

Glenrosa Middle School		250.768.1889
Mount Boucherie Secondary		250.769.4414
Peachland Elementary		250.767.2686

Is your group or organization not listed or do we need to update the contact information? We try to maintain an up-to-date directory both in the Recreation Guide and on the municipal website. We apologize for any errors or omissions. Please contact the Peachland Recreation department at 250.767.2133 with current information and we will ensure to update the directory in the next issue.

Service Clubs

Masonic Lodge		250.767.3049
Peachland Lions Club	Dave	250.767.6029
Peachland Rotary Club	Brian	250.863.5703
Royal Canadian Legion Branch #69		250.767.9100

Special Interest

Central Okanagan Railway	Don	250.767.3441
Eagles Investment Club	Andrew	250.317.7636
Farmers and Crafters Market	Linda	250.317.0407
Friends of the Parrot Sanctuary	Ray	250.767.9030
Friendship Club	Jackie	250.769.9102
Newcomers & Social Club	Marv	250.767.6446
PDRS @ 50+ Activity Centre (Bingo, Bridge, Chess and more)		250.767.9133
Peachland Residents Association	Phyllis	250.767.9204
Peachland Senior Citizens' Housing Society		250.767.0183
Peachland Trekkers	Eric	250.767.0318
Peachland Wellness Centre		250.767.0141
Peachland Yacht Club	Don	250.767.9093
Sowers & Growers Garden Club	Phyllis	250.767.2546
Sportsmen Association	Al	250.767.2287
World of Wheels	Pam	250.767.6718

Sport & Fitness

Adult Slo-Pitch	Nikki	250.979.8459
Archery Club	Larry	250.767.2311
Boxing Club	Terry	250.767.3080
Ni Sei Karate Do Club	Craig	250.767.2673
Seniors Slo-Pitch	Mike	250.768.5026
Peachland Riding Club	Sandy	250.718.2761

Volunteer Opportunities

Bargain Bin		250.767.2206
Citizens Patrol	Bill	250.767.2623
Community Police Office	Mina Jean	250.767.2623
Fall Fair Committee	Martha	250.767.9461
Fire and Rescue Brigade	Dennis	250.767.2841
Friends of the Library	Sandra	250.767.9076
Friends of the Peachland Art Gallery	Sharon	250.767.6556
Habitat For Humanity Kelowna and ReStore		778.755.4346
Historical Society	Don	250.767.3441
P Auxiliary to KGH	Pat	250.767.6509
Peachland Wellness Centre		250.767.0141
World of Wheels	Pam	250.767.6718

Children & Youth

Ambassadorial Society	Linda	778.479.2843
Bridge Family Resource	Jen	250.763.0456 Ext 203
Girl Guides of Canada	Ruth or Kristy	250.212.0898 778-385-3675
Greata Creek Camp	Lee	250.767.9626
Nex Gen	Ben	250.869.9237
Okanagan Boys & Girls Club		250.767.2515

We Are Here!

District of Peachland
Recreation Office
4450 6th Street
Peachland, BC V0H 1X6

Contact us by:
Phone: 250.767.2133
Fax: 250.767.9597
e-mail: rec-clerk@peachland.ca
web: www.peachland.ca

Recreation Clerk
rec-clerk@peachland.ca

Recreation Coordinator
Julie van den Born
jvandenborn@peachland.ca

Community Services Director
Cheryl Wiebe
cwiebe@peachland.ca

We are on Facebook!
Search "Peachland Recreation" or scan this QR code and stay up-to-date and connected to our events and programs. Become a fan by clicking "Like" on our Page.

Scan here to check out our new mobile app!

HOURS OF OPERATION:

Aug 21 - Sep 11
Mon-Fri: 7:30 am - 5:00 pm

Sep 14 - Dec 11
Mon-Thu: 8:00 am - 8:00 pm
Fri: 8:00 am - 6:00 pm

Dec 11 - Dec 18
Mon-Fri: 7:30 am - 5:00 pm

Closed: Sep 7, Oct 12, Dec 11, Dec 25-31

Registration starts
Online: Friday, August 21, 12:00 am
In Person: Monday, August 24, 8:30 am

Program Registration

Registration for Spring/Summer programs begins online Friday, August 21, and in person Monday, August 24 at 8:30 am and continues until a decision is made regarding the program (anywhere from one week until 48 hours from the start date).

Register Today – 4 Ways to Register

By Phone
Visa, Mastercard, or Amex
250.767.2133

Mail in
Cheques payable to
the District of Peachland

In Person
Cash, Cheque, Debit Card,
Visa, Mastercard, or Amex

Online
Visa, Mastercard, or Amex
www.peachland.ca

*Payment is due at the time of registration

General Registration Information

- Appropriate program selection and registration are the responsibility of the person registering for the program.
- Participants can transfer from one program to another only if space is available.
- Prorated refunds will be issued at the time/date of notification. There is a 20% processing fee on class withdraws unless the withdrawal is accompanied by a statement from a medical doctor.
- All classes are subject to cancellation due to insufficient registration, instructor availability, inclement weather or non-availability of facilities. In these cases, a full or prorated refund will be issued.
- Class sizes are limited and are filled on a first come, first serve basis.
- Classes have both minimum and maximum numbers of participants required. Please register early.

Customer Satisfaction

Your satisfaction is important to us. Should you be unsatisfied with a program or service we offer, a refund may be issued at the discretion of management.

Recycling Guide

What to Recycle

Items marked with an ✗ should be placed in the garbage.

Paper Cups & Lids
New!

✓ All disposable paper based cups & lids

NO

✗ Straws

Cartons (plastic coated)
New!

✓ Rinsed milk/milk alternative cartons

✓ Rinsed soup 'tetra-pak' containers

NO

✗ Straws

✗ Stand-up drink pouches

Aluminum

✓ Foil & food containers

✓ Empty & rinse

✓ Labels are ok

NO

✗ Chip or foil bags

✗ Foil wrap from butter or cigarettes

Frozen Food Packaging
New!

✓ Rinsed, plastic coated boxes such as ice cream cartons

Aerosol Cans & Caps
New!

✓ Hairspray, deodorant, shaving cream, air freshener, food based aerosols

✓ Cans must be completely empty

NO

- Spray paint cans (please take to hazardous waste depot)
- Propane cylinders (please call for recycling options)

Tin Cans & Lids

✓ All tin cans, keep lids attached

✓ Empty & rinse

✓ Labels are ok

NO

- Coat hangers, pots, pans or baking trays (please donate or take to metal recycler)

Paper, Newspaper, Magazines

✓ Newspapers, flyers & inserts

✓ White and coloured paper & magazines, catalogues, phone books

✓ Paper pet food bags (not foil or plastic lined)

✓ Shredded paper accepted inside **CLEAR** plastic bag

NO

✗ Carbon paper, used tissue or paper towels, foil gift wrap, ribbons, bows, padded envelopes

- Books (please donate)

Plastic Containers & Lids

✓ All empty & rinsed household plastic containers with the #1-7 recycling symbols

NO

✗ Lawn edging, tarps, plastic furniture or toys or garden hoses

- Motor oil or chemical containers (visit www.used oilrecycling.com for drop off locations)

PLASTIC BAGS & STYROFOAM must be taken to DEPOT ONLY
New!

Spiral Wound Paper Cans & Lids
New!

✓ Frozen juice, coffee cans, nuts, chips, baby formula cans

✓ Put lids in cart loose

Microwaveable Paper Containers
New!

✓ Single serve soups & other paper bowls

NO

✗ Bowls with metal rims

Cardboard & Boxboard

✓ Clean cardboard boxes, pizza boxes etc.

✓ Cereal box-type cardboard

NO

✗ Waxed produce boxes

Depot Only Items:

Items marked with an ✗ should be placed in the garbage.
Styrofoam, plastic bags and glass are not acceptable in curbside recycling carts.

Glass

✓ Clear or coloured glass jars

NO

✗ Glasses, dishes, cookware, window glass or mirrors

✗ Ceramics

- Take beverage glass back to depot for deposit refund

Styrofoam™

✓ Clean meat trays, foam egg cartons, take out containers, cups & bowls

✓ Cushion packaging used to protect electronics

✓ Separate white from coloured

NO

✗ Foam peanuts, packing chips or noodles

✗ Blue or pink foam board insulation

✗ Shrink wrap for meats

Plastic Bags & Overwrap

✓ Bags for groceries, dry cleaning, bread, salad, frozen vegetable bags, outer bags for diaper, soft drinks, overwrap on mattresses, furniture & electronics

NO

✗ Cellophane wrap, stretch or cling wrap

✗ Zipper-lock bags

✗ Potato chip or snack bags

✗ Bubble wrap

✗ Biodegradable or compostable plastic bags

✗ Plastic shipping envelopes

MULTI MATERIAL BC

www.recyclinginbc.ca

REGIONAL DISTRICT of CENTRAL OKANAGAN

Regional Waste Reduction Office

For more information, visit regionaldistrict.com/recyclemore, or contact the Regional Waste Reduction Office at 250.469.6250.

Peachland Recreation

Inspiring active participation and community involvement

Try It For Free

September 9-24

Wednesday September 9	Monday September 14	Wednesday September 16	Monday September 21	Thursday September 24
Restorative Yoga 4th Street Place 11 am-12pm #2620	**Walkin N' Talkin** Trepanier Creek Kiosk, Lambly Park 11:00 am-12:00 pm #2622	**Gentle Functional Fitness** 4th Street Place 1:00-2:00 pm #2631	**Spin, Core & Stretch** Community Centre 5:15-6:15 pm #2624	**Volleyball** Community Centre 10:00-11:00 am
	Chair Fitness 4th Street Place 1:00-1:45 pm #2623		**Vinyasa Yoga** Community Centre 6:30-7:35 pm #2625	**Volleyball** Community Centre 7:00-8:30 pm
			Spin Xpress Community Centre 7:45-8:20 pm #2626	

Space is limited. Register early. Call 250-767-2133

Peachland Recreation
4450 6th Street
Peachland, BC
V0H 1X6