

# Be the Ringmaster of Your Own Indoor Circus: DIY Juggling Balls

A quick and easy craft for kids of all ages. All you need are a variety of balloons and some dried beans and – presto! – Instant circus.



## You will need:

- Round balloons (Two balloons for each ball.)
- Dried lentils, split peas, or rice
- Scissors

## Directions:

1. Cut one balloon off at the neck as pictured. Set aside.



2. Blow up the other balloon and let the air out to stretch the balloon a little. Give yourself a solid twenty minutes for this part as the kids will undoubtedly want to do this step over and over again and will need to retrieve escaped balloons from behind the couch.
3. Fill the stretched balloon with your “stuffing” (we used lentils). When it is nearly overflowing, blow into the balloon. The balloon will expand and the lentils will fall to the bottom end and pack in tighter.
4. When you’ve achieved your desired size, tie off the balloon and snip off the excess.
5. Use the other balloon (the one you trimmed in step one) as a second layer. Make sure the tied off end is well hidden.

And there you go! Two-toned juggle balls! Perhaps the best thing about this craft is that when the kids are in bed you can steal them away for use as stress balls. Who knows, you might need them after your indoor circus!