

"Beach Run 10k (&5k)"
IRA #8 on 2013/07/01

Please contact ppollham@pmp-software.com if there are any errors.

Place	Divplace	Divtotal	Name	City	Race	Div	Time	Mpace	Kpace	Points
1	1	15	HANS AABYE	MERRITT	10k	M35-39	35:01	5:38	3:31	30
2	2	15	JEFF VOGT	KELOWNA	10k	M35-39	38:06	6:08	3:49	25
3	1	9	JAMES YOUNG	KELOWNA	10k	M40-44	38:11	6:09	3:50	30
4	1	1	MARKUS MACDOUGALL	LAKE COUNTRY	10k	M16-19	39:16	6:20	3:56	30
5	1	11	SERGIO PIO	PENTICTON	10k	M45-49	39:18	6:20	3:56	30
6	1	8	JOSH HEINRICHS	PENTICTON	10k	M30-34	39:49	6:25	3:59	30
7	2	9	BENJAMIN ACHTEM	KELOWNA	10k	M40-44	40:03	6:27	4:01	25
8	1	2	EMILY ALLIN	PENTICTON	10k	F16-19	40:43	6:34	4:05	30
9	3	15	SCOTT MACDOUGALL	KELOWNA	10k	M35-39	40:57	6:36	4:06	22
10	3	9	KEVIN PETERS	PENTICTON	10k	M40-44	40:58	6:36	4:06	22
11	1	9	BRUCE WARK	MERRITT	10k	M60-64	42:05	6:47	4:13	30
12	4	9	RICHARD DUECK	KELOWNA	10k	M40-44	43:21	6:59	4:21	20
13	1	11	CINDY RHODES	KELOWNA	10k	F55-59	43:34	7:01	4:22	30
14	2	8	JASON RODINE	KELOWNA	10k	M30-34	43:41	7:02	4:23	25
15	1	13	MARIE JOSEE BEDARD	MERRITT	10k	F40-44	44:07	7:06	4:25	30
16	1	9	JORDAN SIM	KAMLOOPS	10k	M50-54	44:10	7:07	4:25	30
17	4	15	DREW LEJBAK	KELOWNA	10k	M35-39	44:24	7:09	4:27	20
18	5	9	JON WILLIAMS	WEST KELOWNA	10k	M40-44	44:27	7:10	4:27	19
19	3	8	CHRIS STENBERG	PENTICTON	10k	M30-34	44:33	7:11	4:28	22
20	5	15	JOHN WILSON	VERNON	10k	M35-39	44:41	7:12	4:29	19
21	2	9	RANDY WERGER	KELOWNA	10k	M50-54	44:55	7:14	4:30	25
22	1	10	TIM PURCER	KELOWNA	10k	M55-59	45:05	7:16	4:31	30
23	3	9	KEN FELL	KELOWNA	10k	M50-54	45:10	7:17	4:31	22
24	2	11	NEIL MACDONALD	PENTICTON	10k	M45-49	45:13	7:17	4:32	25
25	3	11	DEAN FADDEN	VERNON	10k	M45-49	45:23	7:19	4:33	22
26	6	15	BLAKE LAVEN	PENTICTON	10k	M35-39	45:25	7:19	4:33	18
27	4	11	KEN KUNZ	PEACHLAND	10k	M45-49	45:44	7:22	4:35	20

28	2	10	LANCE ZABLOTNEY	PENTICTON	10k	M55-59	45:54	7:24	4:36	25
29	3	10	RICK JENKNER	VERNON	10k	M55-59	46:08	7:26	4:37	22
30	1	17	SIOBHAN MCMANUS	KELOWNA	10k	F20-29	46:22	7:28	4:39	30
31	1	13	JENNIFER BOLT	REGINA	10k	F30-34	46:32	7:30	4:40	30
32	7	15	CHAD SCOTT	WEST KELOWNA	10k	M35-39	46:36	7:30	4:40	17
33	2	9	MIKE BRAID	SUMMERLAND	10k	M60-64	47:32	7:39	4:46	25
34	3	9	EDDIE FISHER	PEACHLAND	10k	M60-64	47:43	7:41	4:47	22
35	2	13	DELILAH TOPIC	KELOWNA	10k	F30-34	48:40	7:50	4:52	25
36	1	1	HEMING SOLA	SUMMERLAND	10k	M01-15	48:53	7:52	4:54	30
37	2	11	LYNDA PROCE	COLDSTREAM	10k	F55-59	49:19	7:57	4:56	25
38	1	9	TEDDY BOYKO	KELOWNA	10k	M65-69	49:22	7:57	4:57	30
39	1	16	STEPHANIE MOORE	WEST KELOWNA	10k	F35-39	49:29	7:58	4:57	30
40	2	13	ROBIN LEVANT	OLIVER	10k	F40-44	49:30	7:58	4:57	25
41	2	9	BILL FAULKNER	KALEDEN	10k	M65-69	49:37	7:59	4:58	25
42	5	11	JOHN ARIH	COLDSTREAM	10k	M45-49	49:39	8:00	4:58	19
43	6	9	MATT FRIESEN	KELOWNA	10k	M40-44	49:47	8:01	4:59	18
44	4	10	ALASTAIR DAVIDSON	NARAMATA	10k	M55-59	49:48	8:01	4:59	20
45	7	9	IAN KREBS	KELOWNA	10k	M40-44	49:53	8:02	5:00	17
46	4	8	OMID MANOUCHEHRI	VANCOUVER	10k	M30-34	50:10	8:05	5:01	20
47	1	6	SALLY HEINRICK	KELOWNA	10k	F50-54	50:21	8:07	5:03	30
48	8	15	ANTHONY DODDS	WEST KELOWNA	10k	M35-39	50:34	8:09	5:04	16
49	2	17	SYLVIE FORGET	KELOWNA	10k	F20-29	51:03	8:13	5:07	25
50	6	11	GEOFF MCINTYRE	KELOWNA	10k	M45-49	51:09	8:14	5:07	18
51	2	16	DANIELA HAMM	KELOWNA	10k	F35-39	51:16	8:15	5:08	25
52	3	17	EMILY ERTEL	KELOWNA	10k	F20-29	51:19	8:16	5:08	22
53	4	9	CHRIS GREENWAY	KELOWNA	10k	M60-64	51:25	8:17	5:09	20
54	1	5	KYLE HAMILTON	KELOWNA	10k	M20-29	51:33	8:18	5:10	30
55	5	9	MELVIN DOHERTY	KAMLOOPS	10k	M60-64	51:56	8:22	5:12	19
56	4	9	DON PARNO	WEST KELOWNA	10k	M50-54	52:15	8:25	5:14	20
57	5	9	JEFF MARSHALL	LAKE COUNTRY	10k	M50-54	52:18	8:25	5:14	19
58	4	17	BETHANY PROCE	COLDSTREAM	10k	F20-29	52:33	8:28	5:16	20

59	1	9	WENDY AIGNER	KELOWNA	10k	F45-49	52:37	8:29	5:16	30
60	1	2	CHANTEL JEFFREY	BLIND BAY	10k	F01-15	52:38	8:29	5:16	30
61	9	15	PETER NAGY	WEST KELOWNA	10k	M35-39	52:40	8:29	5:16	15
62	5	17	KYLEE YADLOWSKI	NARAMATA	10k	F20-29	52:45	8:30	5:17	19
63	2	2	JENNIFER PROCE	COLDSTREAM	10k	F16-19	53:10	8:34	5:19	25
64	2	9	LISA SPALDING	PENTICTON	10k	F45-49	53:11	8:34	5:20	25
65	3	13	TANIS DEUSCHLE	PENTICTON	10k	F30-34	53:13	8:34	5:20	22
66	3	9	KEITH BURTON	WEST KELOWNA	10k	M65-69	53:30	8:37	5:21	22
67	6	9	LARRY SHANNON	OLIVER	10k	M60-64	53:32	8:37	5:22	18
68	7	11	RORY BASS	KELOWNA	10k	M45-49	53:36	8:38	5:22	17
69	8	11	MIKE BOVEN	SUMMERLAND	10k	M45-49	53:51	8:40	5:24	16
70	6	17	LISA MARTENS	CALGARY	10k	F20-29	53:56	8:41	5:24	18
71	3	9	ILEANA REYES	WEST KELOWNA	10k	F45-49	54:06	8:43	5:25	22
72	3	16	VALERIE MCGARVIE	PEACHLAND	10k	F35-39	54:07	8:43	5:25	22
73	6	9	MARKUS HEINRICHS	KELOWNA	10k	M50-54	54:08	8:43	5:25	18
74	4	16	DAWN WOLLBAUM	KELOWNA	10k	F35-39	54:09	8:43	5:25	20
75	7	9	STEPHEN JOYCE	COLDSTREAM	10k	M50-54	54:28	8:46	5:27	17
76	2	6	DEBBIE LOUGHEED	PENTICTON	10k	F50-54	54:38	8:48	5:28	25
77	7	17	JILL GILROY	WEST KELOWNA	10k	F20-29	54:47	8:49	5:29	17
78	7	9	HENRY PROCE	KELOWNA	10k	M60-64	54:49	8:50	5:29	17
79	10	15	ROB LAW	KELOWNA	10k	M35-39	55:01	8:52	5:31	14
80	5	10	MARK ABRAHAM	CALGARY	10k	M55-59	55:04	8:52	5:31	19
81	2	5	JON ARKLE	WEST KELOWNA	10k	M20-29	55:07	8:53	5:31	25
82	11	15	KEN SKINNER	KELOWNA	10k	M35-39	55:14	8:54	5:32	13
83	3	5	DEREK JOHNSTON	WEST KELOWNA	10k	M20-29	55:18	8:54	5:32	22
84	1	7	SUSAN TEMPLIN	KELOWNA	10k	F60-64	55:33	8:57	5:34	30
85	4	9	JANICE BRADSHAW	WEST KELOWNA	10k	F45-49	55:44	8:59	5:35	20
86	6	10	PATRICK AMUNDSEN	SUMMERLAND	10k	M55-59	55:47	8:59	5:35	18
87	5	16	DANIELLE FRIESEN	KELOWNA	10k	F35-39	55:54	9:00	5:36	19
88	4	5	SHAMIR RAI	WHITEHORSE	10k	M20-29	56:04	9:02	5:37	20
89	7	10	BILL GEVERS	KELOWNA	10k	M55-59	56:08	9:02	5:37	17

90	8	10	BRIAN ABRAHAM	KALEDEN	10k	M55-59	56:19	9:04	5:38	16
91	1	3	BILL STEPHENS	KELOWNA	10k	M70-74	56:49	9:09	5:41	30
92	6	16	ERICA MALERBY	KAMLOOPS	10k	F35-39	56:51	9:09	5:42	18
93	3	6	SHELLY STEPHENS	KELOWNA	10k	F50-54	57:00	9:11	5:42	22
94	8	17	ANDREA MOINET	WEST KELOWNA	10k	F20-29	57:27	9:15	5:45	16
95	7	16	MONIQUE PORTER	SUMMERLAND	10k	F35-39	57:35	9:16	5:46	17
96	5	9	LEIGH-ANN SULLIVAN	KELOWNA	10k	F45-49	57:41	9:17	5:47	19
97	4	9	LOUIS STUPAR	KELOWNA	10k	M65-69	57:48	9:19	5:47	20
98	3	13	SHARON SOLA	SUMMERLAND	10k	F40-44	57:52	9:19	5:48	22
99	4	13	CHANDRA KALKE	PEACHLAND	10k	F30-34	57:58	9:20	5:48	20
100	4	13	TINA MATHESON	PENTICTON	10k	F40-44	58:03	9:21	5:49	20
101	3	11	BRENDA DICKSON	KELOWNA	10k	F55-59	58:04	9:21	5:49	22
102	5	13	TRACY MCELHINNEY	WEST KELOWNA	10k	F30-34	58:24	9:24	5:51	19
103	5	8	SEAN LAYCOCK	WEST KELOWNA	10k	M30-34	58:24	9:24	5:51	19
104	8	16	DANETTE ZAMKUK	WEST KELOWNA	10k	F35-39	58:29	9:25	5:51	16
105	9	11	KEN ZAMKUK	WEST KELOWNA	10k	M45-49	58:29	9:25	5:51	15
106	4	6	SHERRY SIM	KAMLOOPS	10k	F50-54	58:57	9:30	5:54	20
107	9	17	BRIE HUIJBER	CALGARY	10k	F20-29	59:01	9:30	5:55	15
108	5	13	VANESSA MCLEAN	OLIVER	10k	F40-44	59:03	9:31	5:55	19
109	6	13	HEIDI JONES	SUMMERLAND	10k	F40-44	59:05	9:31	5:55	18
110	2	3	GARRY BELL	KELOWNA	10k	M70-74	59:22	9:34	5:57	25
111	5	9	RICHARD COLLIER	VICTORIA	10k	M65-69	59:24	9:34	5:57	19
112	2	7	CHARLOTTE HEIDT	KELOWNA	10k	F60-64	59:39	9:36	5:58	25
113	1	1	GUENTER NAUMANN	OKANAGAN FALLS	10k	M75-79	59:43	9:37	5:59	30
114	4	11	CAMILLE DEMONTREUIL	KELOWNA	10k	F55-59	59:55	9:39	6:00	20
115	6	13	JULIE PROVOST	KELOWNA	10k	F30-34	59:57	9:39	6:00	18
116	6	8	KRIS D'AOUST	WEST KELOWNA	10k	M30-34	59:59	9:40	6:00	18
117	9	16	ANGELLA DYKSTRA	SUMMERLAND	10k	F35-39	1:00:05	9:41	6:01	15
118	12	15	BLAINE HUIJBER	CALGARY	10k	M35-39	1:00:06	9:41	6:01	12
119	10	17	JENNICA GRIEVE	PEACHLAND	10k	F20-29	1:00:12	9:42	6:02	14
120	7	13	BREYAN HEENEY	KELOWNA	10k	F30-34	1:00:18	9:43	6:02	17

121	1	2	ARNIE GASH	OK FALLS	10k	F65-69	1:00:38	9:46	6:04	30
122	8	9	JAYSON LUCASH	LAKE COUNTRY	10k	M40-44	1:00:42	9:47	6:05	16
123	5	5	MOJTABA KOMEILI	KELOWNA	10k	M20-29	1:00:43	9:47	6:05	19
124	5	11	SUSAN COSMANN	KELOWNA	10k	F55-59	1:01:04	9:50	6:07	19
125	5	6	REGINA BLACK	KAMLOOPS	10k	F50-54	1:01:15	9:52	6:08	19
126	8	13	KAELA MCKAIG	KELOWNA	10k	F30-34	1:02:07	10:00	6:13	16
127	11	17	KIM HAGGARD	KELOWNA	10k	F20-29	1:02:08	10:00	6:13	13
128	10	16	KIM WISE	SUMMERLAND	10k	F35-39	1:02:10	10:01	6:13	14
129	9	10	BILL SPILL	KELOWNA	10k	M55-59	1:02:25	10:03	6:15	15
130	11	16	MEGAN O'BOYLE	COLORADO SPRINGS	10k	F35-39	1:02:41	10:06	6:17	13
131	7	13	TERA LUND	PENTICTON	10k	F40-44	1:02:42	10:06	6:17	17
132	1	3	LIZ BORRETT	KELOWNA	10k	F70-74	1:02:51	10:07	6:18	30
133	9	13	ALLYSON HAMILTON	WEST KELOWNA	10k	F30-34	1:02:57	10:08	6:18	15
134	12	16	SARAH PORCELLATO	PENTICTON	10k	F35-39	1:03:18	10:12	6:20	12
135	7	8	CORY MUIR	WEST KELOWNA	10k	M30-34	1:03:19	10:12	6:20	17
136	3	7	FERN FRASER	WEST KELOWNA	10k	F60-64	1:03:37	10:15	6:22	22
137	6	11	SANDRA WIKE	KELOWNA	10k	F55-59	1:03:41	10:15	6:23	18
138	8	13	SHARON PARKER	CALGARY	10k	F40-44	1:03:45	10:16	6:23	16
139	12	17	MEL STEINBACK	KELOWNA	10k	F20-29	1:04:06	10:19	6:25	12
140	9	13	CHANTELLE FUNK	KELOWNA	10k	F40-44	1:04:08	10:20	6:25	15
141	13	16	TARA MARTIN	KELOWNA	10k	F35-39	1:04:40	10:25	6:28	11
142	10	11	PETER JEFFREY	BLIND BAY	10k	M45-49	1:04:57	10:28	6:30	14
143	13	15	THOMAS ELWELL	KELOWNA	10k	M35-39	1:04:58	10:28	6:30	11
144	4	7	BARB MANDAU	PEACHLAND	10k	F60-64	1:04:58	10:28	6:30	20
145	6	9	LESLEY SAWATSKY	CALGARY	10k	F45-49	1:05:08	10:29	6:31	18
146	11	11	JAMES PALANIO	PENTICTON	10k	M45-49	1:05:58	10:37	6:36	13
147	13	17	DAYNA READ	VICTORIA	10k	F20-29	1:06:12	10:40	6:38	11
148	8	9	DAVID WATERS	KELOWNA	10k	M50-54	1:06:28	10:42	6:39	16
149	3	3	TOM REED	PENTICTON	10k	M70-74	1:06:31	10:43	6:40	22
150	10	13	CARA RAYBURN	WEST KELOWNA	10k	F30-34	1:06:35	10:43	6:40	14
151	14	15	JAMES RAYBURN	WEST KELOWNA	10k	M35-39	1:06:35	10:43	6:40	10

152	6	9	ALLAN SMITH	OSOYOOS	10k	M65-69	1:06:36	10:44	6:40	18
153	14	17	REBECCA WARDEN	KELOWNA	10k	F20-29	1:06:40	10:44	6:40	10
154	15	17	KIMI KLETTKE	KELOWNA	10k	F20-29	1:06:46	10:45	6:41	9
155	15	15	GEOFF SCHIERBECK	PEACHLAND	10k	M35-39	1:06:56	10:47	6:42	9
156	7	11	VICKY NISH	KELOWNA	10k	F55-59	1:07:21	10:51	6:45	17
157	16	17	COURTNEY JOHNSTON	PORT MOODY	10k	F20-29	1:07:22	10:51	6:45	8
158	14	16	MELANIE SCHIERBECK	PEACHLAND	10k	F35-39	1:07:25	10:51	6:45	10
159	8	9	GORDON SHANNON	KELOWNA	10k	M60-64	1:07:40	10:54	6:46	16
160	10	13	CARI SCHUHMACHER	WEST KELOWNA	10k	F40-44	1:07:50	10:55	6:47	14
161	8	11	ANNE CARROLL	SUMMERLAND	10k	F55-59	1:07:55	10:56	6:48	16
162	2	2	BERYL TREMBLAY	KELOWNA	10k	F65-69	1:07:57	10:57	6:48	25
163	9	9	JIM SKINNER	WEST KELOWNA	10k	M50-54	1:08:06	10:58	6:49	15
164	9	11	RENATA CRAWFORD	KELOWNA	10k	F55-59	1:08:23	11:01	6:51	15
165	9	9	RANDY KUNZ	WEST KELOWNA	10k	M40-44	1:09:17	11:09	6:56	15
166	11	13	JENNIFER MCQUEEN	VANCOUVER	10k	F30-34	1:10:08	11:18	7:01	13
167	11	13	MONICA MCPARLAND	KELOWNA	10k	F40-44	1:10:17	11:19	7:02	13
168	12	13	SARAH MABEY	WEST KELOWNA	10k	F30-34	1:11:07	11:27	7:07	12
169	7	9	PATTI SLOAN	PEACHLAND	10k	F45-49	1:11:34	11:31	7:10	17
170	6	6	ALLISON VAN EWYK	ARMSTRONG	10k	F50-54	1:11:55	11:35	7:12	18
171	7	9	ROLAND LAPLANTE	PENTICTON	10k	M65-69	1:13:19	11:48	7:20	17
172	8	9	RHONDA BALZER	PENTICTON	10k	F45-49	1:13:28	11:50	7:21	16
173	12	13	CRYSTAL ZALESCHUK	PEACHLAND	10k	F40-44	1:13:39	11:52	7:22	12
174	15	16	TRISH SOUTER	EDSON	10k	F35-39	1:13:43	11:52	7:23	9
175	13	13	ANGELA GRAY	WEST KELOWNA	10k	F40-44	1:15:17	12:07	7:32	11
176	17	17	CHANTELLE GLENN	WEST KELOWNA	10k	F20-29	1:15:24	12:08	7:33	7
177	16	16	TRYSTAEN LINDENBACK	CALGARY	10k	F35-39	1:16:06	12:15	7:37	8
178	8	8	JOSH KLINCK	CALGARY	10k	M30-34	1:16:07	12:15	7:37	16
179	2	3	GLORIA SHERWOOD	VICTORIA	10k	F70-74	1:16:50	12:22	7:41	25
180	8	9	LEONARD SHERWOOD	VICTORIA	10k	M65-69	1:16:51	12:22	7:42	16
181	10	11	SYLVIA THOMPSON	SUMMERLAND	10k	F55-59	1:18:23	12:37	7:51	14
182	5	7	VAL JANZEN	ARMSTRONG	10k	F60-64	1:18:25	12:38	7:51	19

183	11	11	KERRY WATERS	KELOWNA	10k	F55- 59	1:19:32	12:48	7:58	13
184	3	3	GLORIA LARRATT	ARMSTRONG	10k	F70- 74	1:19:41	12:50	7:59	22
185	9	9	SUSAN FALKENHOLT	KELOWNA	10k	F45- 49	1:19:59	12:53	8:00	15
186	9	9	ARNOLD BOUDREAU	KAMLOOPS	10k	M65- 69	1:20:24	12:57	8:03	15
187	6	7	WENDY BOUDREAU	KAMLOOPS	10k	F60- 64	1:20:25	12:57	8:03	18
188	13	13	KATIE D'AOUST	WEST KELOWNA	10k	F30- 34	1:22:13	13:14	8:14	11
189	7	7	SHIRLEY KRULICKI	PENTICTON	10k	F60- 64	1:24:04	13:32	8:25	17
190	9	9	MICHAEL LINDENBACK	PENTICTON	10k	M60- 64	1:24:05	13:32	8:25	15
191	10	10	ANDREW ALLIN	PENTICTON	10k	M55- 59	1:24:11	13:33	8:26	14
192	2	2	VICTORIA FRIZZELL	SURREY	10k	F01- 15	1:41:04	16:16	10:07	25

7/02/2013 7:54PM