

"Beach Run 10k (&5k)"
IRA #8 on 2013/07/01

Please contact ppollham@pmp-software.com if there are any errors.

F AGE GROUP 1 - 15

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	257	CHANTEL JEFFREY	BLIND BAY	980	10k	F01-15	52:38	8:29	5:16	30
2	392	VICTORIA FRIZZELL	SURREY	958	10k	F01-15	1:41:04	16:16	10:07	25

F AGE GROUP 16 - 19

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	188	EMILY ALLIN	PENTICTON	906	10k	F16-19	40:43	6:34	4:05	30
2	260	JENNIFER PROCE	COLDSTREAM	1041	10k	F16-19	53:10	8:34	5:19	25

F AGE GROUP 20 - 29

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	217	SIOBHAN MCMANUS	KELOWNA	1024	10k	F20-29	46:22	7:28	4:39	30
2	243	SYLVIE FORGET	KELOWNA	953	10k	F20-29	51:03	8:13	5:07	25
3	246	EMILY ERTEL	KELOWNA	947	10k	F20-29	51:19	8:16	5:08	22
4	255	BETHANY PROCE	COLDSTREAM	1042	10k	F20-29	52:33	8:28	5:16	20
5	259	KYLEE YADLOWSKI	NARAMATA	1100	10k	F20-29	52:45	8:30	5:17	19
6	267	LISA MARTENS	CALGARY	1016	10k	F20-29	53:56	8:41	5:24	18
7	276	JILL GILROY	WEST KELOWNA	962	10k	F20-29	54:47	8:49	5:29	17
8	293	ANDREA MOINET	WEST KELOWNA	1027	10k	F20-29	57:27	9:15	5:45	16
9	306	BRIE HUJBER	CALGARY	976	10k	F20-29	59:01	9:30	5:55	15
10	318	JENNICA GRIEVE	PEACHLAND	966	10k	F20-29	1:00:12	9:42	6:02	14
11	326	KIM HAGGARD	KELOWNA	968	10k	F20-29	1:02:08	10:00	6:13	13
12	338	MEL STEINBACK	KELOWNA	1078	10k	F20-29	1:04:06	10:19	6:25	12
13	347	DAYNA READ	VICTORIA	1049	10k	F20-29	1:06:12	10:40	6:38	11
14	353	REBECCA WARDEN	KELOWNA	1089	10k	F20-29	1:06:40	10:44	6:40	10
15	354	KIMI KLETTKE	KELOWNA	987	10k	F20-29	1:06:46	10:45	6:41	9
16	357	COURTNEY JOHNSTON	PORT MOODY	983	10k	F20-29	1:07:22	10:51	6:45	8
17	376	CHANTELLE GLENN	WEST KELOWNA	963	10k	F20-29	1:15:24	12:08	7:33	7

F AGE GROUP 30 - 34

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	218	JENNIFER BOLT	REGINA	918	10k	F30-34	46:32	7:30	4:40	30
2	224	DELILAH TOPIC	KELOWNA	1085	10k	F30-34	48:40	7:50	4:52	25
3	262	TANIS DEUSCHLE	PENTICTON	939	10k	F30-34	53:13	8:34	5:20	22
4	298	CHANDRA KALKE	PEACHLAND	986	10k	F30-34	57:58	9:20	5:48	20
5	301	TRACY MCELHINNEY	WEST KELOWNA	1019	10k	F30-34	58:24	9:24	5:51	19
6	314	JULIE PROVOST	KELOWNA	1044	10k	F30-34	59:57	9:39	6:00	18
7	319	BREYAN HEENEY	KELOWNA	972	10k	F30-34	1:00:18	9:43	6:02	17
8	325	KAELA MCKAIG	KELOWNA	1022	10k	F30-34	1:02:07	10:00	6:13	16
9	332	ALLYSON HAMILTON	WEST KELOWNA	969	10k	F30-34	1:02:57	10:08	6:18	15
10	350	CARA RAYBURN	WEST KELOWNA	1047	10k	F30-34	1:06:35	10:43	6:40	14
11	366	JENNIFER MCQUEEN	VANCOUVER	1026	10k	F30-34	1:10:08	11:18	7:01	13
12	368	SARAH MABEY	WEST KELOWNA	1007	10k	F30-34	1:11:07	11:27	7:07	12
13	388	KATIE D'Aoust	WEST KELOWNA	935	10k	F30-34	1:22:13	13:14	8:14	11

F AGE GROUP 35 - 39

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	230	STEPHANIE MOORE	WEST KELOWNA	1028	10k	F35-39	49:29	7:58	4:57	30
2	245	DANIELA HAMM	KELOWNA	1162	10k	F35-39	51:16	8:15	5:08	25
3	269	VALERIE MCGARVIE	PEACHLAND	1020	10k	F35-39	54:07	8:43	5:25	22
4	271	DAWN WOLLBAUM	KELOWNA	1099	10k	F35-39	54:09	8:43	5:25	20
5	286	DANIELLE FRIESEN	KELOWNA	956	10k	F35-39	55:54	9:00	5:36	19
6	291	ERICA MALERBY	KAMLOOPS	1011	10k	F35-39	56:51	9:09	5:42	18
7	294	MONIQUE PORTER	SUMMERLAND	1039	10k	F35-39	57:35	9:16	5:46	17
8	303	DANETTE ZAMKUK	WEST KELOWNA	1155	10k	F35-39	58:29	9:25	5:51	16
9	316	ANGELLA DYKSTRA	SUMMERLAND	945	10k	F35-39	1:00:05	9:41	6:01	15
10	327	KIM WISE	SUMMERLAND	1098	10k	F35-39	1:02:10	10:01	6:13	14
11	329	MEGAN O'BOYLE	COLORADO SPRINGS	1032	10k	F35-39	1:02:41	10:06	6:17	13
12	333	SARAH PORCELLATO	PENTICTON	1038	10k	F35-39	1:03:18	10:12	6:20	12

13	341	TARA MARTIN	KELOWNA	1017	10k	F35-39	1:04:40	10:25	6:28	11
14	358	MELANIE SCHIERBECK	PEACHLAND	1059	10k	F35-39	1:07:25	10:51	6:45	10
15	374	TRISH SOUTER	EDSON	1075	10k	F35-39	1:13:43	11:52	7:23	9
16	377	TRYSTAEN LINDENBACK	CALGARY	1003	10k	F35-39	1:16:06	12:15	7:37	8

F AGE GROUP 40 - 44

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	200	MARIE JOSEE BEDARD	MERRITT	915	10k	F40-44	44:07	7:06	4:25	30
2	231	ROBIN LEVANT	OLIVER	1001	10k	F40-44	49:30	7:58	4:57	25
3	297	SHARON SOLA	SUMMERLAND	1073	10k	F40-44	57:52	9:19	5:48	22
4	299	TINA MATHESON	PENTICTON	1018	10k	F40-44	58:03	9:21	5:49	20
5	307	VANESSA MCLEAN	OLIVER	1023	10k	F40-44	59:03	9:31	5:55	19
6	308	HEIDI JONES	SUMMERLAND	984	10k	F40-44	59:05	9:31	5:55	18
7	330	TERA LUND	PENTICTON	1006	10k	F40-44	1:02:42	10:06	6:17	17
8	337	SHARON PARKER	CALGARY	1034	10k	F40-44	1:03:45	10:16	6:23	16
9	340	CHANTELLE FUNK	KELOWNA	959	10k	F40-44	1:04:08	10:20	6:25	15
10	360	CARI SCHUHMACHER	WEST KELOWNA	1060	10k	F40-44	1:07:50	10:55	6:47	14
11	367	MONICA MCPARLAND	KELOWNA	1025	10k	F40-44	1:10:17	11:19	7:02	13
12	373	CRYSTAL ZALESCHUK	PEACHLAND	1154	10k	F40-44	1:13:39	11:52	7:22	12
13	375	ANGELA GRAY	WEST KELOWNA	964	10k	F40-44	1:15:17	12:07	7:32	11

F AGE GROUP 45 - 49

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	256	WENDY AIGNER	KELOWNA	905	10k	F45-49	52:37	8:29	5:16	30
2	261	LISA SPALDING	PENTICTON	1076	10k	F45-49	53:11	8:34	5:20	25
3	268	ILEANA REYES	WEST KELOWNA	1051	10k	F45-49	54:06	8:43	5:25	22
4	284	JANICE BRADSHAW	WEST KELOWNA	924	10k	F45-49	55:44	8:59	5:35	20
5	295	LEIGH-ANN SULLIVAN	KELOWNA	1082	10k	F45-49	57:41	9:17	5:47	19
6	345	LESLEY SAWATSKY	CALGARY	1056	10k	F45-49	1:05:08	10:29	6:31	18
7	369	PATTI SLOAN	PEACHLAND	1071	10k	F45-49	1:11:34	11:31	7:10	17
8	372	RHONDA BALZER	PENTICTON	913	10k	F45-49	1:13:28	11:50	7:21	16

9	385	SUSAN FALKENHOLT	KELOWNA	949	10k	F45- 49	1:19:59	12:53	8:00	15
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F AGE GROUP 50 - 54

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	241	SALLY HEINRICK	KELOWNA	1158	10k	F50- 54	50:21	8:07	5:03	30
2	275	DEBBIE LOUGHEED	PENTICTON	1004	10k	F50- 54	54:38	8:48	5:28	25
3	292	SHELLY STEPHENS	KELOWNA	668	10k	F50- 54	57:00	9:11	5:42	22
4	305	SHERRY SIM	KAMLOOPS	1067	10k	F50- 54	58:57	9:30	5:54	20
5	324	REGINA BLACK	KAMLOOPS	917	10k	F50- 54	1:01:15	9:52	6:08	19
6	370	ALLISON VAN EWYK	ARMSTRONG	1087	10k	F50- 54	1:11:55	11:35	7:12	18

F AGE GROUP 55 - 59

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	198	CINDY RHODES	KELOWNA	1157	10k	F55- 59	43:34	7:01	4:22	30
2	228	LYNDA PROCE	COLDSTREAM	1040	10k	F55- 59	49:19	7:57	4:56	25
3	300	BRENDA DICKSON	KELOWNA	940	10k	F55- 59	58:04	9:21	5:49	22
4	313	CAMILLE DEMONTREUIL	KELOWNA	938	10k	F55- 59	59:55	9:39	6:00	20
5	323	SUSAN COSMANN	KELOWNA	931	10k	F55- 59	1:01:04	9:50	6:07	19
6	336	SANDRA WIKE	KELOWNA	1095	10k	F55- 59	1:03:41	10:15	6:23	18
7	356	VICKY NISH	KELOWNA	1031	10k	F55- 59	1:07:21	10:51	6:45	17
8	361	ANNE CARROLL	SUMMERLAND	928	10k	F55- 59	1:07:55	10:56	6:48	16
9	364	RENATA CRAWFORD	KELOWNA	932	10k	F55- 59	1:08:23	11:01	6:51	15
10	381	SYLVIA THOMPSON	SUMMERLAND	1084	10k	F55- 59	1:18:23	12:37	7:51	14
11	383	KERRY WATERS	KELOWNA	1093	10k	F55- 59	1:19:32	12:48	7:58	13

F AGE GROUP 60 - 64

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	283	SUSAN TEMPLIN	KELOWNA	1083	10k	F60- 64	55:33	8:57	5:34	30
2	311	CHARLOTTE HEIDT	KELOWNA	973	10k	F60- 64	59:39	9:36	5:58	25
3	335	FERN FRASER	WEST KELOWNA	955	10k	F60- 64	1:03:37	10:15	6:22	22
4	344	BARB MANDAU	PEACHLAND	1012	10k	F60- 64	1:04:58	10:28	6:30	20
5	382	VAL JANZEN	ARMSTRONG	978	10k	F60- 64	1:18:25	12:38	7:51	19

6	387	WENDY BOUDREAU	KAMLOOPS	920	10k	F60-64	1:20:25	12:57	8:03	18
7	389	SHIRLEY KRULICKI	PENTICTON	990	10k	F60-64	1:24:04	13:32	8:25	17

F AGE GROUP 65 - 69

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	320	ARNIE GASH	OK FALLS	960	10k	F65-69	1:00:38	9:46	6:04	30
2	362	BERYL TREMBLAY	KELOWNA	1086	10k	F65-69	1:07:57	10:57	6:48	25

F AGE GROUP 70 - 74

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	331	LIZ BORRETT	KELOWNA	919	10k	F70-74	1:02:51	10:07	6:18	30
2	379	GLORIA SHERWOOD	VICTORIA	1064	10k	F70-74	1:16:50	12:22	7:41	25
3	384	GLORIA LARRATT	ARMSTRONG	995	10k	F70-74	1:19:41	12:50	7:59	22

F AGE GROUP 75 - 79

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
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F AGE GROUP 80 - 99

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
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M AGE GROUP 1 - 15

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	225	HEMING SOLA	SUMMERLAND	1074	10k	M01-15	48:53	7:52	4:54	30

M AGE GROUP 16 - 19

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	174	MARKUS MACDOUGALL	LAKE COUNTRY	1009	10k	M16-19	39:16	6:20	3:56	30

M AGE GROUP 20 - 29

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	248	KYLE HAMILTON	KELOWNA	970	10k	M20-29	51:33	8:18	5:10	30
2	280	JON ARKLE	WEST KELOWNA	911	10k	M20-29	55:07	8:53	5:31	25
3	282	DEREK JOHNSTON	WEST KELOWNA	982	10k	M20-29	55:18	8:54	5:32	22
4	287	SHAMIR RAI	WHITEHORSE	1046	10k	M20-29	56:04	9:02	5:37	20
5	322	MOJTABA KOMEILI	KELOWNA	2870	10k	M20-29	1:00:43	9:47	6:05	19

M AGE GROUP 30 - 34

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	182	JOSH HEINRICHS	PENTICTON	975	10k	M30-34	39:49	6:25	3:59	30
2	199	JASON RODINE	KELOWNA	1054	10k	M30-34	43:41	7:02	4:23	25
3	204	CHRIS STENBERG	PENTICTON	1079	10k	M30-34	44:33	7:11	4:28	22
4	240	OMID MANOUCHEHRI	VANCOUVER	1014	10k	M30-34	50:10	8:05	5:01	20
5	302	SEAN LAYCOCK	WEST KELOWNA	999	10k	M30-34	58:24	9:24	5:51	19
6	315	KRIS D'AOUST	WEST KELOWNA	936	10k	M30-34	59:59	9:40	6:00	18
7	334	CORY MUIR	WEST KELOWNA	1029	10k	M30-34	1:03:19	10:12	6:20	17
8	378	JOSH KLINCK	CALGARY	988	10k	M30-34	1:16:07	12:15	7:37	16

M AGE GROUP 35 - 39

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	150	HANS AABYE	MERRITT	901	10k	M35-39	35:01	5:38	3:31	30
2	172	JEFF VOGT	KELOWNA	1088	10k	M35-39	38:06	6:08	3:49	25
3	190	SCOTT MACDOUGALL	KELOWNA	1010	10k	M35-39	40:57	6:36	4:06	22
4	202	DREW LEJBAK	KELOWNA	1000	10k	M35-39	44:24	7:09	4:27	20
5	205	JOHN WILSON	VERNON	1097	10k	M35-39	44:41	7:12	4:29	19
6	211	BLAKE LAVEN	PENTICTON	996	10k	M35-39	45:25	7:19	4:33	18
7	219	CHAD SCOTT	WEST KELOWNA	1061	10k	M35-39	46:36	7:30	4:40	17
8	242	ANTHONY DODDS	WEST KELOWNA	941	10k	M35-39	50:34	8:09	5:04	16
9	258	PETER NAGY	WEST KELOWNA	1030	10k	M35-39	52:40	8:29	5:16	15
10	278	ROB LAW	KELOWNA	997	10k	M35-39	55:01	8:52	5:31	14
11	281	KEN SKINNER	KELOWNA	1070	10k	M35-39	55:14	8:54	5:32	13
12	317	BLAINE HUJBER	CALGARY	977	10k	M35-39	1:00:06	9:41	6:01	12
13	343	THOMAS ELWELL	KELOWNA	946	10k	M35-39	1:04:58	10:28	6:30	11
14	351	JAMES RAYBURN	WEST KELOWNA	1048	10k	M35-39	1:06:35	10:43	6:40	10
15	355	GEOFF SCHIERBECK	PEACHLAND	1058	10k	M35-39	1:06:56	10:47	6:42	9

M AGE GROUP 40 - 44

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	173	JAMES YOUNG	KELOWNA	1152	10k	M40-44	38:11	6:09	3:50	30
2	183		KELOWNA	904	10k		40:03	6:27	4:01	25

		BENJAMIN ACHEM				M40- 44				
3	191	KEVIN PETERS	PENTICTON	1036	10k	M40- 44	40:58	6:36	4:06	22
4	196	RICHARD DUECK	KELOWNA	944	10k	M40- 44	43:21	6:59	4:21	20
5	203	JON WILLIAMS	WEST KELOWNA	1096	10k	M40- 44	44:27	7:10	4:27	19
6	236	MATT FRIESEN	KELOWNA	957	10k	M40- 44	49:47	8:01	4:59	18
7	238	IAN KREBS	KELOWNA	989	10k	M40- 44	49:53	8:02	5:00	17
8	321	JAYSON LUCASH	LAKE COUNTRY	1005	10k	M40- 44	1:00:42	9:47	6:05	16
9	365	RANDY KUNZ	WEST KELOWNA	993	10k	M40- 44	1:09:17	11:09	6:56	15

M AGE GROUP 45 - 49

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	175	SERGIO PIO	PENTICTON	1037	10k	M45- 49	39:18	6:20	3:56	30
2	209	NEIL MACDONALD	PENTICTON	1008	10k	M45- 49	45:13	7:17	4:32	25
3	210	DEAN FADDEN	VERNON	948	10k	M45- 49	45:23	7:19	4:33	22
4	212	KEN KUNZ	PEACHLAND	992	10k	M45- 49	45:44	7:22	4:35	20
5	235	JOHN ARIH	COLDSTREAM	910	10k	M45- 49	49:39	8:00	4:58	19
6	244	GEOFF MCINTYRE	KELOWNA	1021	10k	M45- 49	51:09	8:14	5:07	18
7	265	RORY BASS	KELOWNA	914	10k	M45- 49	53:36	8:38	5:22	17
8	266	MIKE BOVEN	SUMMERLAND	922	10k	M45- 49	53:51	8:40	5:24	16
9	304	KEN ZAMKUK	WEST KELOWNA	1156	10k	M45- 49	58:29	9:25	5:51	15
10	342	PETER JEFFREY	BLIND BAY	979	10k	M45- 49	1:04:57	10:28	6:30	14
11	346	JAMES PALANIO	PENTICTON	1033	10k	M45- 49	1:05:58	10:37	6:36	13

M AGE GROUP 50 - 54

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	201	JORDAN SIM	KAMLOOPS	1066	10k	M50- 54	44:10	7:07	4:25	30
2	206	RANDY WERGER	KELOWNA	1094	10k	M50- 54	44:55	7:14	4:30	25
3	208	KEN FELL	KELOWNA	951	10k	M50- 54	45:10	7:17	4:31	22
4	253	DON PARNO	WEST KELOWNA	1035	10k	M50- 54	52:15	8:25	5:14	20
5	254	JEFF MARSHALL	LAKE COUNTRY	1015	10k	M50- 54	52:18	8:25	5:14	19
6	270	MARKUS HEINRICH	KELOWNA	974	10k	M50- 54	54:08	8:43	5:25	18

7	272	STEPHEN JOYCE	COLDSTREAM	985	10k	M50-54	54:28	8:46	5:27	17
8	348	DAVID WATERS	KELOWNA	1092	10k	M50-54	1:06:28	10:42	6:39	16
9	363	JIM SKINNER	WEST KELOWNA	1069	10k	M50-54	1:08:06	10:58	6:49	15

M AGE GROUP 55 - 59

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	207	TIM PURCER	KELOWNA	1045	10k	M55-59	45:05	7:16	4:31	30
2	213	LANCE ZABLOTNEY	PENTICTON	1153	10k	M55-59	45:54	7:24	4:36	25
3	216	RICK JENKNER	VERNON	981	10k	M55-59	46:08	7:26	4:37	22
4	237	ALASTAIR DAVIDSON	NARAMATA	937	10k	M55-59	49:48	8:01	4:59	20
5	279	MARK ABRAHAM	CALGARY	903	10k	M55-59	55:04	8:52	5:31	19
6	285	PATRICK AMUNDSEN	SUMMERLAND	909	10k	M55-59	55:47	8:59	5:35	18
7	288	BILL GEVERS	KELOWNA	961	10k	M55-59	56:08	9:02	5:37	17
8	289	BRIAN ABRAHAM	KALEDEN	902	10k	M55-59	56:19	9:04	5:38	16
9	328	BILL SPILL	KELOWNA	1077	10k	M55-59	1:02:25	10:03	6:15	15
10	391	ANDREW ALLIN	PENTICTON	907	10k	M55-59	1:24:11	13:33	8:26	14

M AGE GROUP 60 - 64

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	194	BRUCE WARK	MERRITT	1091	10k	M60-64	42:05	6:47	4:13	30
2	220	MIKE BRAID	SUMMERLAND	925	10k	M60-64	47:32	7:39	4:46	25
3	223	EDDIE FISHER	PEACHLAND	952	10k	M60-64	47:43	7:41	4:47	22
4	247	CHRIS GREENWAY	KELOWNA	965	10k	M60-64	51:25	8:17	5:09	20
5	252	MELVIN DOHERTY	KAMLOOPS	942	10k	M60-64	51:56	8:22	5:12	19
6	264	LARRY SHANNON	OLIVER	1062	10k	M60-64	53:32	8:37	5:22	18
7	277	HENRY PROCE	KELOWNA	1043	10k	M60-64	54:49	8:50	5:29	17
8	359	GORDON SHANNON	KELOWNA	1063	10k	M60-64	1:07:40	10:54	6:46	16
9	390	MICHAEL LINDENBACK	PENTICTON	1002	10k	M60-64	1:24:05	13:32	8:25	15

M AGE GROUP 65 - 69

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	229	TEDDY BOYKO	KELOWNA	923	10k	M65-69	49:22	7:57	4:57	30

2	234	BILL FAULKNER	KALEDEN	950	10k	M65-69	49:37	7:59	4:58	25
3	263	KEITH BURTON	WEST KELOWNA	926	10k	M65-69	53:30	8:37	5:21	22
4	296	LOUIS STUPAR	KELOWNA	1081	10k	M65-69	57:48	9:19	5:47	20
5	310	RICHARD COLLIER	VICTORIA	930	10k	M65-69	59:24	9:34	5:57	19
6	352	ALLAN SMITH	OSOYOOS	1072	10k	M65-69	1:06:36	10:44	6:40	18
7	371	ROLAND LAPLANTE	PENTICTON	994	10k	M65-69	1:13:19	11:48	7:20	17
8	380	LEONARD SHERWOOD	VICTORIA	1065	10k	M65-69	1:16:51	12:22	7:42	16
9	386	ARNOLD BOUDREAU	KAMLOOPS	921	10k	M65-69	1:20:24	12:57	8:03	15

M AGE GROUP 70 - 74

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	290	BILL STEPHENS	KELOWNA	1080	10k	M70-74	56:49	9:09	5:41	30
2	309	GARRY BELL	KELOWNA	916	10k	M70-74	59:22	9:34	5:57	25
3	349	TOM REED	PENTICTON	1050	10k	M70-74	1:06:31	10:43	6:40	22

M AGE GROUP 75 - 79

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
1	312	GUENTER NAUMANN	OKANAGAN FALLS	2872	10k	M75-79	59:43	9:37	5:59	30

M AGE GROUP 80 - 99

Place	O'All	Name	City	Bib	Race	Div	Time	Mpace	Kpace	Points
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