

**What are you
involved in?
Do you like to
help others?**

Are you looking for something to do?

Are you recently retired and want something that gives you both flexibility and freedom, while giving back to your community?

Would you like to share your time and experience with other people?

Perhaps you worked outside of Peachland and would now like the opportunity to get to know Peachland better?

Peachland Wellness Centre volunteers support our many programs and services from maintaining the lawns and gardens, helping staff run programs, raise funds, or become part of our board of directors.

The rainbow of opportunities are endless!

**Get involved in your
community.
Stay Connected!**

The Peachland Wellness Centre has many mutually beneficial opportunities to help you, help others!

A couple of hours a week, a month or a year can provide a much needed opportunity for someone less able to do for some things themselves.

Share your skills, learn new ones meet other caring people, support your community!

Volunteer at the PWC in any of the many great programs and become part of the family of givers at the cozy little house on 5th street serving people living in Peachland.



For all the [information](#) to get you started, please drop into the Peachland Wellness Centre, call 250-767-0141
Or email:
wellnesscentre@shaw.ca

Our Vision

People of all ages in Peachland enhance their well-being, embrace opportunities and enjoy life in the community.

Our Mission

The Peachland Wellness Centre (PWC) provides programs and services that connect people through support, education, information, referral and outreach. PWC values volunteers and collaborates with other community members, organizations and the District of Peachland.

Core Values

Collaboration; Compassion; Dignity and Respect for all; Financial Sustainability; High Quality Programs and Services; Inclusiveness and Diversity; Open and Honest Communication; Professional, Financial, Environmental and Social Accountability; Recognition of All Contributions; Safe Place and Confidentiality; Team Spirit; Volunteerism

We gratefully acknowledge the financial support of the Province of British Columbia

We also gratefully acknowledge the support of the



District of Peachland



United Way
Central & South
Okanagan Similkameen
Change starts here.



Our Programs

- Bereavement Support Group
- Community Gardens
- Computer Literacy
- Dementia Caregiver Support Group
- Excursions
- Income Tax (CRA)
- Information & Referral
- Intergenerational Singing
- Ladies Coffee & Cards
- Men's Coffee & Cards
- Memories
- Monday Morning Coffee
- Sunday Breakfast, Jerry Dober
- Sunshine Singers
- Tai Chi for Wellness
- Wellness Circle
 - Energy for Wellness
 - Meditation
- Writers Unblocked
- Various Workshops & Events

Our Services

- Better at Home
- Friendly Visitors
- Helping Hands
- Outreach
- Transportation

Get Involved In Your Community



Peachland Wellness Centre
4426 5th Street
Peachland, BC V0H 1X6
250-767-0141

email: wellnesscentre@shaw.ca
www.peachlandwellnesscentre.ca

