



Peachland Recreation

Updated Program Registration Information

Following Dr. Bonnie Henry's Province-wide restrictions on physical activity and adult sport, the District of Peachland has adjusted winter registration as follows:



PROGRAM REGISTRATION AVAILABLE	PROGRAM REGISTRATION ON HOLD
Children's Programs	<ul style="list-style-type: none"> • Group Pickleball
Singles Pickleball	<ul style="list-style-type: none"> • HIIT Fit
Low Intensity Fitness Programs:	<ul style="list-style-type: none"> • Dance fitness (REFIT & Zumba)
<ul style="list-style-type: none"> • Yoga classes and workshops 	<ul style="list-style-type: none"> • STRONG Nation
<ul style="list-style-type: none"> • Fitness Room 	<ul style="list-style-type: none"> • Spin, Core & Stretch
<ul style="list-style-type: none"> • Seniors Stretch and Strength 	<ul style="list-style-type: none"> • Guitar
<ul style="list-style-type: none"> • Functional Fitness 	<ul style="list-style-type: none"> • Cooking programs
<ul style="list-style-type: none"> • Women on Weights 	
<ul style="list-style-type: none"> • Chair Zumba 	
<ul style="list-style-type: none"> • Indoor Walking 	
Recreation Programs:	
<ul style="list-style-type: none"> • Indian Head Massage 	
<ul style="list-style-type: none"> • Meditation 	

For the list of available activities, please visit www.peachland.ca/recguide or call 250.767.2133.