

	Name	City	Div	Time	Pace	AG %	
1	<u>Hans Aabye</u>	Merritt	<u>M35-39</u>	0:35:01	03:30	78.34%	
2	<u>Jeff Vogt</u>	Kelowna	<u>M35-39</u>	0:38:06	03:48	71.62%	
3	<u>James Young</u>	Kelowna	<u>M40-44</u>	0:38:11	03:49	74.40%	
4	<u>Markus Macdougall</u>	Lake Country	<u>M16-19</u>	0:39:16	03:55	69.85%	
5	<u>Sergio Pio</u>	Penticton	<u>M45-49</u>	0:39:18	03:55	76.87%	
6	<u>Josh Heinrich</u>	Penticton	<u>M30-34</u>	0:39:49	03:58	67.60%	
7	<u>Benjamin Achtem</u>	Kelowna	<u>M40-44</u>	0:40:03	04:00	71.47%	
8	<u>Emily Allin</u>	Penticton	<u>F16-19</u>	0:40:43	04:04	74.79%	
9	<u>Scott Macdougall</u>	Kelowna	<u>M35-39</u>	0:40:57	04:05	66.99%	
10	<u>Kevin Peters</u>	Penticton	<u>M40-44</u>	0:40:58	04:05	69.35%	
11	<u>Bruce Wark</u>	Merritt	<u>M60-64</u>	0:42:05	04:12	80.03%	
12	<u>Richard Dueck</u>	Kelowna	<u>M40-44</u>	0:43:21	04:20	67.03%	
13	<u>Cindy Rhodes</u>	Kelowna	<u>F55-59</u>	0:43:34	04:21	85.18%	
14	<u>Jason Rodine</u>	Kelowna	<u>M30-34</u>	0:43:41	04:22	61.62%	
15	<u>Marie-Josée Bedard</u>	Merritt	<u>F40-44</u>	0:44:07	04:24	70.64%	
16	<u>Jordan Sim</u>	Kamloops	<u>M50-54</u>	0:44:10	04:25	71.22%	
17	<u>Drew Lejbak</u>	Kelowna	<u>M35-39</u>	0:44:24	04:26	61.78%	
18	<u>Jon Williams</u>	West Kelowna	<u>M40-44</u>	0:44:27	04:26	63.91%	
19	<u>Chris Stenberg</u>	Penticton	<u>M30-34</u>	0:44:33	04:27	60.56%	
20	<u>John Wilson</u>	Vernon	<u>M35-39</u>	0:44:41	04:28	62.65%	
21	<u>Randy Werger</u>	Kelowna	<u>M50-54</u>	0:44:55	04:29	68.34%	

	Name	City	Div	Time	Pace	AG %	
22	<u>Tim Purcer</u>	Kelowna	<u>M55-59</u>	0:45:05	04:30	71.55%	
23	<u>Ken Fell</u>	Kelowna	<u>M50-54</u>	0:45:10	04:31	67.96%	
24	<u>Neil Macdonald</u>	Penticton	<u>M45-49</u>	0:45:13	04:31	65.26%	
25	<u>Dean Fadden</u>	Vernon	<u>M45-49</u>	0:45:23	04:32	65.02%	
26	<u>Blake Laven</u>	Penticton	<u>M35-39</u>	0:45:25	04:32	60.08%	
27	<u>Ken Kunz</u>	Peachland	<u>M45-49</u>	0:45:44	04:34	64.52%	
28	<u>Lance Zabloutney</u>	Penticton	<u>M55-59</u>	0:45:54	04:35	69.68%	
29	<u>Rick Jenkner</u>	Vernon	<u>M55-59</u>	0:46:08	04:36	69.33%	
30	<u>Siobhan Mcmanus</u>	Kelowna	<u>F20-29</u>	0:46:22	04:38	65.42%	
31	<u>Jennifer Bolt</u>	Regina	<u>F30-34</u>	0:46:32	04:39	65.21%	
32	<u>Chad Scott</u>	West Kelowna	<u>M35-39</u>	0:46:36	04:39	58.87%	
33	<u>Mike Braid</u>	Summerland	<u>M60-64</u>	0:47:32	04:45	70.23%	
34	<u>Eddie Fisher</u>	Peachland	<u>M60-64</u>	0:47:43	04:46	69.96%	
35	<u>Delilah Topic</u>	Kelowna	<u>F30-34</u>	0:48:40	04:52	62.60%	
36	<u>Heming Sola</u>	Summerland	<u>M01-15</u>	0:48:53	04:53	59.28%	
37	<u>Lynda Proce</u>	Coldstream	<u>F55-59</u>	0:49:19	04:55	77.31%	 
38	<u>Teddy Boyko</u>	Kelowna	<u>M65-69</u>	0:49:22	04:56	71.38%	
39	<u>Stephanie Moore</u>	West Kelowna	<u>F35-39</u>	0:49:29	04:56	61.89%	
40	<u>Robin Levant</u>	Oliver	<u>F40-44</u>	0:49:30	04:57	63.32%	
41	<u>Bill Faulkner</u>	Kaleden	<u>M65-69</u>	0:49:37	04:57	71.68%	
42	<u>John Arih</u>	Coldstream	<u>M45-49</u>	0:49:39	04:57	59.43%	
43	<u>Matt Friesen</u>	Kelowna	<u>M40-44</u>	0:49:47	04:58	57.93%	

	Name	City	Div	Time	Pace	AG %	
44	<u>Alastair Davidson</u>	Naramata	<u>M55-59</u>	0:49:48	04:58	64.22%	
45	<u>Ian Krebs</u>	Kelowna	<u>M40-44</u>	0:49:53	04:59	56.95%	
46	<u>Omid Manouchehri</u>	Vancouver	<u>M30-34</u>	0:50:10	05:01	53.66%	
47	<u>Sally Heinrick</u>	Kelowna	<u>F50-54</u>	0:50:21	05:02	69.10%	
48	<u>Anthony Dodds</u>	West Kelowna	<u>M35-39</u>	0:50:34	05:03	54.25%	
49	<u>Sylvie Forget</u>	Kelowna	<u>F20-29</u>	0:51:03	05:06	59.44%	
50	<u>Geoff Mcintyre</u>	Kelowna	<u>M45-49</u>	0:51:09	05:06	57.69%	
51	<u>Daniela Hamm</u>	Kelowna	<u>F35-39</u>	0:51:16	05:07	59.95%	
52	<u>Emily Ertel</u>	Kelowna	<u>F20-29</u>	0:51:19	05:07	59.13%	
53	<u>Chris Greenway</u>	Kelowna	<u>M60-64</u>	0:51:25	05:08	64.93%	
54	<u>Kyle Hamilton</u>	Kelowna	<u>M20-29</u>	0:51:33	05:09	52.65%	
55	<u>Melvin Doherty</u>	Kamloops	<u>M60-64</u>	0:51:56	05:11	66.01%	
56	<u>Don Parno</u>	West Kelowna	<u>M50-54</u>	0:52:15	05:13	58.75%	
57	<u>Jeff Marshall</u>	Lake Country	<u>M50-54</u>	0:52:18	05:13	58.69%	
58	<u>Bethany Proce</u>	Coldstream	<u>F20-29</u>	0:52:33	05:15	57.75%	
59	<u>Wendy Aigner</u>	Kelowna	<u>F45-49</u>	0:52:37	05:15	61.32%	
60	<u>Chantel Jeffrey</u>	Blind Bay	<u>F01-15</u>	0:52:38	05:15	60.37%	
61	<u>Peter Nagy</u>	West Kelowna	<u>M35-39</u>	0:52:40	05:16	52.09%	
62	<u>Kylee Yadowski</u>	Naramata	<u>F20-29</u>	0:52:45	05:16	57.53%	
63	<u>Jennifer Proce</u>	Coldstream	<u>F16-19</u>	0:53:10	05:19	59.02%	
64	<u>Lisa Spalding</u>	Penticton	<u>F45-49</u>	0:53:11	05:19	63.09%	
65	<u>Tanis Deuschle</u>	Penticton	<u>F30-34</u>	0:53:13	05:19	57.02%	




	Name	City	Div	Time	Pace	AG %	
66	<u>Keith Burton</u>	West Kelowna	<u>M65-69</u>	0:53:30	05:21	65.25%	
67	<u>Larry Shannon</u>	Oliver	<u>M60-64</u>	0:53:32	05:21	64.04%	
68	<u>Rory Bass</u>	Kelowna	<u>M45-49</u>	0:53:36	05:21	55.49%	
69	<u>Mike Boven</u>	Summerland	<u>M45-49</u>	0:53:51	05:23	55.66%	
70	<u>Lisa Martens</u>	Calgary	<u>F20-29</u>	0:53:56	05:23	56.26%	
71	<u>Ileana Reyes</u>	West Kelowna	<u>F45-49</u>	0:54:06	05:24	60.17%	
72	<u>Valerie Mcgarvie</u>	Peachland	<u>F35-39</u>	0:54:07	05:24	56.60%	
73	<u>Markus Heinrichs</u>	Kelowna	<u>M50-54</u>	0:54:08	05:24	56.25%	
74	<u>Dawn Wollbaum</u>	Kelowna	<u>F35-39</u>	0:54:09	05:24	56.56%	
75	<u>Stephen Joyce</u>	Coldstream	<u>M50-54</u>	0:54:28	05:26	56.82%	
76	<u>Deb Lougheed</u>	Penticton	<u>F50-54</u>	0:54:38	05:27	62.89%	
77	<u>Jill Gilroy</u>	West Kelowna	<u>F20-29</u>	0:54:47	05:28	55.39%	
78	<u>Henry Proce</u>	Kelowna	<u>M60-64</u>	0:54:49	05:28	60.90%	
79	<u>Rob Law</u>	Kelowna	<u>M35-39</u>	0:55:01	05:30	49.86%	
80	<u>Mark Abraham</u>	Calgary	<u>M55-59</u>	0:55:04	05:30	58.08%	
81	<u>Jon Arkle</u>	West Kelowna	<u>M20-29</u>	0:55:07	05:30	49.24%	
82	<u>Ken Skinner</u>	Kelowna	<u>M35-39</u>	0:55:14	05:31	49.66%	
83	<u>Derek Johnston</u>	West Kelowna	<u>M20-29</u>	0:55:18	05:31	49.08%	
84	<u>Susan Templin</u>	Kelowna	<u>F60-64</u>	0:55:33	05:33	70.57%	
85	<u>Janice Bradshaw</u>	West Kelowna	<u>F45-49</u>	0:55:44	05:34	60.90%	
86	<u>Patrick Amundsen</u>	Summerland	<u>M55-59</u>	0:55:47	05:34	58.81%	
87	<u>Danielle Friesen</u>	Kelowna	<u>F35-39</u>	0:55:54	05:35	54.79%	

	Name	City	Div	Time	Pace	AG %	
88	<u>Shamir Rai</u>	Whitehorse	<u>M20-29</u>	0:56:04	05:36	48.41%	
89	<u>Bill Gevers</u>	Kelowna	<u>M55-59</u>	0:56:08	05:36	56.98%	
90	<u>Brian Abraham</u>	Kaleden	<u>M55-59</u>	0:56:19	05:37	56.79%	
91	<u>Bill Stephens</u>	Kelowna	<u>M70-74</u>	0:56:49	05:40	64.57%	
92	<u>Erica Malerby</u>	Kamloops	<u>F35-39</u>	0:56:51	05:41	53.87%	
93	<u>Shelly Stephens</u>	Kelowna	<u>F50-54</u>	0:57:00	05:42	62.60%	
94	<u>Andrea Moinet</u>	West Kelowna	<u>F20-29</u>	0:57:27	05:44	52.82%	
95	<u>Monique Porter</u>	Summerland	<u>F35-39</u>	0:57:35	05:45	53.19%	
96	<u>Leigh-Ann Sullivan</u>	Kelowna	<u>F45-49</u>	0:57:41	05:46	56.43%	
97	<u>Louis Stupar</u>	Kelowna	<u>M65-69</u>	0:57:48	05:46	60.40%	
98	<u>Sharon Sola</u>	Summerland	<u>F40-44</u>	0:57:52	05:47	54.16%	
99	<u>Chandra Kalke</u>	Peachland	<u>F30-34</u>	0:57:58	05:47	52.34%	
100	<u>Tina Matheson</u>	Penticton	<u>F40-44</u>	0:58:03	05:48	53.99%	
101	<u>Brenda Dickson</u>	Kelowna	<u>F55-59</u>	0:58:04	05:48	63.07%	
102	<u>Tracy Mcelhinney</u>	West Kelowna	<u>F30-34</u>	0:58:24	05:50	51.96%	
103	<u>Sean Laycock</u>	West Kelowna	<u>M30-34</u>	0:58:24	05:50	46.09%	
104	<u>Danette Zamluk</u>	West Kelowna	<u>F35-39</u>	0:58:29	05:50	52.37%	
105	<u>Ken Zamluk</u>	West Kelowna	<u>M45-49</u>	0:58:29	05:50	50.46%	
106	<u>Sherry Sim</u>	Kamloops	<u>F50-54</u>	0:58:57	05:53	60.53%	
107	<u>Brie Hujber</u>	Calgary	<u>F20-29</u>	0:59:01	05:54	51.42%	
108	<u>Vanessa Mclean</u>	Oliver	<u>F40-44</u>	0:59:03	05:54	53.08%	
109	<u>Heidi Jones</u>	Summerland	<u>F40-44</u>	0:59:05	05:54	53.05%	

	Name	City	Div	Time	Pace	AG %	
110	<u>Garry Bell</u>	Kelowna	<u>M70-74</u>	0:59:22	05:56	61.79%	
111	<u>Richard Collier</u>	Victoria	<u>M65-69</u>	0:59:24	05:56	58.77%	
112	<u>Charlotte Heidt</u>	Kelowna	<u>F60-64</u>	0:59:39	05:57	64.80%	
113	<u>Guenter Naumann</u>	Okanagan Falls	<u>M75-79</u>	0:59:43	05:58	66.04%	
114	<u>Camille De Montreuil</u>	Kelowna	<u>F55-59</u>	0:59:55	05:59	61.94%	
115	<u>Julie Provost</u>	Kelowna	<u>F30-34</u>	0:59:57	05:59	50.60%	
116	<u>Kris D'Aoust</u>	West Kelowna	<u>M30-34</u>	0:59:59	05:59	44.87%	
117	<u>Angella Dykstra</u>	Summerland	<u>F35-39</u>	1:00:05	06:00	50.97%	
118	<u>Blaine Hujber</u>	Calgary	<u>M35-39</u>	1:00:06	06:00	45.64%	
119	<u>Jennica Grieve</u>	Peachland	<u>F20-29</u>	1:00:12	06:01	50.41%	
120	<u>Breyan Heeney</u>	Kelowna	<u>F30-34</u>	1:00:18	06:01	50.32%	
121	<u>Arnie Gash</u>	Okanagan Falls	<u>F65-69</u>	1:00:38	06:03	69.55%	
122	<u>Jayson Lucash</u>	Lake Country	<u>M40-44</u>	1:00:42	06:04	46.80%	
123	<u>Mojtaba Komeili</u>	Kelowna	<u>M20-29</u>	1:00:43	06:04	44.70%	
124	<u>Susan Cosmann</u>	Kelowna	<u>F55-59</u>	1:01:04	06:06	59.97%	
125	<u>Regina Black</u>	Kamloops	<u>F50-54</u>	1:01:15	06:07	58.26%	
126	<u>Kaela Mckaig</u>	Kelowna	<u>F30-34</u>	1:02:07	06:12	48.85%	
127	<u>Kim Haggard</u>	Kelowna	<u>F20-29</u>	1:02:08	06:12	48.84%	
128	<u>Kim Wise</u>	Summerland	<u>F35-39</u>	1:02:10	06:13	49.27%	
129	<u>Bill Spill</u>	Kelowna	<u>M55-59</u>	1:02:25	06:14	51.24%	
130	<u>Megan O'Boyle</u>	Colorado Springs	<u>F35-39</u>	1:02:41	06:16	48.86%	
131	<u>Tera Lund</u>	Penticton	<u>F40-44</u>	1:02:42	06:16	49.99%	

	Name	City	Div	Time	Pace	AG %	
132	<u>Liz Borrett</u>	Kelowna	<u>F70-74</u>	1:02:51	06:17	77.69%	 
133	<u>Allyson Hamilton</u>	West Kelowna	<u>F30-34</u>	1:02:57	06:17	48.20%	
134	<u>Sarah Porcellato</u>	Penticton	<u>F35-39</u>	1:03:18	06:19	48.38%	
135	<u>Cory Muir</u>	West Kelowna	<u>M30-34</u>	1:03:19	06:19	42.51%	
136	<u>Fern Fraser</u>	West Kelowna	<u>F50-54</u>	1:03:37	06:21	54.01%	
137	<u>Sandra Wike</u>	Kelowna	<u>F55-59</u>	1:03:41	06:22	59.87%	
138	<u>Sharon Parker</u>	Calgary	<u>F40-44</u>	1:03:45	06:22	49.16%	
139	<u>Mel Steinback</u>	Kelowna	<u>F20-29</u>	1:04:06	06:24	47.34%	
140	<u>Chantelle Funk</u>	Kelowna	<u>F40-44</u>	1:04:08	06:24	48.87%	
141	<u>Tara Martin</u>	Kelowna	<u>F35-39</u>	1:04:40	06:28	47.36%	
142	<u>Peter Jeffrey</u>	Blind Bay	<u>M45-49</u>	1:04:57	06:29	45.43%	
143	<u>Thomas Elwell</u>	Kelowna	<u>M35-39</u>	1:04:58	06:29	42.22%	
144	<u>Barb Mandau</u>	Peachland	<u>F60-64</u>	1:04:58	06:29	61.20%	
145	<u>Lesley Sawatsky</u>	Calgary	<u>F45-49</u>	1:05:08	06:30	49.97%	
146	<u>James Palanio</u>	Penticton	<u>M45-49</u>	1:05:58	06:35	45.08%	
147	<u>Dayna Read</u>	Victoria	<u>F20-29</u>	1:06:12	06:37	45.84%	
148	<u>David Waters</u>	Kelowna	<u>M50-54</u>	1:06:28	06:38	46.18%	
149	<u>Tom Reed</u>	Penticton	<u>M70-74</u>	1:06:31	06:39	54.53%	
150	<u>Cara Rayburn</u>	West Kelowna	<u>F30-34</u>	1:06:35	06:39	45.57%	
151	<u>James Rayburn</u>	West Kelowna	<u>M35-39</u>	1:06:35	06:39	41.20%	
152	<u>Allan Smith</u>	Osoyoos	<u>M65-69</u>	1:06:36	06:39	52.42%	
153	<u>Rebecca Warden</u>	Kelowna	<u>F20-29</u>	1:06:40	06:40	45.52%	

	Name	City	Div	Time	Pace	AG %	
154	<u>Kimi Klettke</u>	Kelowna	<u>F20-29</u>	1:06:46	06:40	45.45%	
155	<u>Geoff Schierbeck</u>	Peachland	<u>M35-39</u>	1:06:56	06:41	40.98%	
156	<u>Vicky Nish</u>	Kelowna	<u>F55-59</u>	1:07:21	06:44	54.37%	
157	<u>Courtney Johnston</u>	Port Moody	<u>F20-29</u>	1:07:22	06:44	45.05%	
158	<u>Melanie Schierbeck</u>	Peachland	<u>F35-39</u>	1:07:25	06:44	45.43%	
159	<u>Gordon Shannon</u>	Kelowna	<u>M60-64</u>	1:07:40	06:46	49.33%	
160	<u>Cari Schuhmacher</u>	West Kelowna	<u>F40-44</u>	1:07:50	06:47	46.21%	
161	<u>Anne Carroll</u>	Summerland	<u>F55-59</u>	1:07:55	06:47	53.92%	
162	<u>Beryl Tremblay</u>	Kelowna	<u>F65-69</u>	1:07:57	06:47	62.06%	
163	<u>Jim Skinner</u>	West Kelowna	<u>M50-54</u>	1:08:06	06:48	45.08%	
164	<u>Renata Crawford</u>	Kelowna	<u>F55-59</u>	1:08:23	06:50	53.55%	
165	<u>Randy Kunz</u>	West Kelowna	<u>M40-44</u>	1:09:17	06:55	41.01%	
166	<u>Jennifer Mcqueen</u>	Vancouver	<u>F30-34</u>	1:10:08	07:00	43.26%	
167	<u>Monica Mcparland</u>	Kelowna	<u>F40-44</u>	1:10:17	07:01	44.59%	
168	<u>Sarah Mabey</u>	West Kelowna	<u>F30-34</u>	1:11:07	07:06	42.67%	
169	<u>Patti Sloan</u>	Peachland	<u>F45-49</u>	1:11:34	07:09	45.48%	
170	<u>Allison Van Ewyk</u>	Armstrong	<u>F50-54</u>	1:11:55	07:11	47.78%	
171	<u>Roland Laplante</u>	Penticton	<u>M65-69</u>	1:13:19	07:19	47.62%	
172	<u>Rhonda Balzer</u>	Penticton	<u>F45-49</u>	1:13:28	07:20	44.31%	
173	<u>Crystal Zaleschuk</u>	Peachland	<u>F40-44</u>	1:13:39	07:21	42.56%	
174	<u>Trish Souter</u>	Edson	<u>F35-39</u>	1:13:43	07:22	41.55%	
175	<u>Angela Gray</u>	West Kelowna	<u>F40-44</u>	1:15:17	07:31	41.63%	

	Name	City	Div	Time	Pace	AG %	
176	<u>Chantelle Glenn</u>	West Kelowna	<u>F20-29</u>	1:15:24	07:32	40.25%	
177	<u>Trystaen Lindenback</u>	Calgary	<u>F35-39</u>	1:16:06	07:36	40.25%	
178	<u>Josh Klinck</u>	Calgary	<u>M30-34</u>	1:16:07	07:36	35.36%	
179	<u>Gloria Sherwood</u>	Victoria	<u>F70-74</u>	1:16:50	07:41	59.39%	
180	<u>Leonard Sherwood</u>	Victoria	<u>M65-69</u>	1:16:51	07:41	45.43%	
181	<u>Sylvia Thompson</u>	Summerland	<u>F55-59</u>	1:18:23	07:50	46.72%	
182	<u>Val Janzen</u>	Armstrong	<u>F60-64</u>	1:18:25	07:50	49.99%	
183	<u>Kerry Waters</u>	Kelowna	<u>F55-59</u>	1:19:32	07:57	46.05%	
184	<u>Gloria Larratt</u>	Armstrong	<u>F70-74</u>	1:19:41	07:58	57.26%	
185	<u>Susan Falkenholt</u>	Kelowna	<u>F45-49</u>	1:19:59	07:59	41.50%	
186	<u>Arnold Boudreau</u>	Kamloops	<u>M65-69</u>	1:20:24	08:02	43.42%	
187	<u>Wendy Boudreau</u>	Kamloops	<u>F60-64</u>	1:20:25	08:02	48.75%	
188	<u>Katie D'Aoust</u>	West Kelowna	<u>F30-34</u>	1:22:13	08:13	36.91%	
189	<u>Shirley Krulicki</u>	Penticton	<u>F60-64</u>	1:24:04	08:24	46.63%	
190	<u>Michael Lindenback</u>	Penticton	<u>M60-64</u>	1:24:05	08:24	39.70%	
191	<u>Andrew Allin</u>	Penticton	<u>M55-59</u>	1:24:11	08:25	37.99%	
192	<u>Victoria Frizzell</u>	Surrey	<u>F01-15</u>	1:41:04	10:06	31.44%	