




	Name	City	Div	Time	Pace	AG %	
1	<u>Scott Tremblay</u>	Kaleden	<u>M40-44</u>	0:35:25	03:32	80.82%	
2	<u>Jeff Vogt</u>	Kelowna	<u>M35-39</u>	0:36:31	03:39	75.12%	
3	<u>Hector Carlos</u>	Penticton	<u>M40-44</u>	0:37:23	03:44	76.00%	
4	<u>Joshua Tremblay</u>	Kelowna	<u>M20-29</u>	0:37:26	03:44	72.50%	
5	<u>Gary Wade</u>	Kelowna	<u>M45-49</u>	0:38:09	03:48	77.35%	
6	<u>Sergio Pio</u>	Penticton	<u>M45-49</u>	0:38:11	03:49	79.75%	
7	<u>John Williams</u>	West Kelowna	<u>M40-44</u>	0:39:10	03:55	72.54%	
8	<u>Tim Bell</u>	Penticton	<u>M35-39</u>	0:39:11	03:55	70.01%	
9	<u>Paul Willinsky</u>	Kelowna	<u>M35-39</u>	0:39:12	03:55	69.98%	
10	<u>Michael Serani</u>	Kelowna	<u>M20-29</u>	0:39:18	03:55	68.32%	
11	<u>Ruan Zwanepoel</u>	Dewinton	<u>M35-39</u>	0:40:06	04:00	68.41%	
12	<u>Scott Macdougall</u>	Kelowna	<u>M35-39</u>	0:40:22	04:02	67.96%	
13	<u>Richard Tungate</u>	England	<u>M30-34</u>	0:41:36	04:09	64.71%	
14	<u>Dirk Handke</u>	Kelowna	<u>M45-49</u>	0:42:04	04:12	71.25%	
15	<u>Cindy Rhodes</u>	Kelowna	<u>F55-59</u>	0:43:06	04:18	87.26%	
16	<u>Brian Rourke</u>	Kelowna	<u>M65-69</u>	0:43:20	04:20	80.56%	
17	<u>Daniel Merlo</u>	Peachland	<u>M16-19</u>	0:43:21	04:20	63.27%	
18	<u>Andre Wickenheiser</u>	Calgary	<u>M20-29</u>	0:43:22	04:20	62.58%	
19	<u>Shannon Dale</u>	North Vancouver	<u>F30-34</u>	0:43:36	04:21	69.59%	
20	<u>Jason Rodine</u>	Kelowna	<u>M30-34</u>	0:43:37	04:21	61.71%	
21	<u>Kirbey Lockhart</u>	Coldstream	<u>M50-54</u>	0:43:54	04:23	70.50%	

	Name	City	Div	Time	Pace	AG %	
22	<u>Marie-Josée Bedard</u>	Merritt	<u>F40-44</u>	0:44:36	04:27	70.27%	
23	<u>Morgan Lockhart</u>	Coldstream	<u>M20-29</u>	0:45:05	04:30	60.20%	
24	<u>Seija Deleenheer</u>	Vernon	<u>F35-39</u>	0:45:08	04:30	67.86%	
25	<u>Jared Clarke</u>	West Kelowna	<u>M35-39</u>	0:45:23	04:32	61.23%	
26	<u>Dean Fadden</u>	Vernon	<u>M45-49</u>	0:45:38	04:33	64.66%	
27	<u>Roly Muller</u>	Kelowna	<u>M60-64</u>	0:45:53	04:35	73.40%	
28	<u>Lance Zabloutney</u>	Penticton	<u>M55-59</u>	0:46:05	04:36	70.00%	
29	<u>Richard Millard</u>	Penticton	<u>M40-44</u>	0:46:09	04:36	61.56%	
30	<u>Don Brimacombe</u>	Kamloops	<u>M50-54</u>	0:46:22	04:38	66.20%	
31	<u>Ian Young</u>	Missouri City	<u>M20-29</u>	0:46:36	04:39	58.24%	
32	<u>Nicholas Berry</u>	Peachland	<u>M45-49</u>	0:46:44	04:40	63.14%	
33	<u>Rick Jenkner</u>	Kamloops	<u>M55-59</u>	0:46:46	04:40	68.39%	
34	<u>Dannica Wade</u>	Kelowna	<u>F40-44</u>	0:46:47	04:40	67.00%	
35	<u>Aidan Lightfoot</u>	Kelowna	<u>M35-39</u>	0:46:51	04:41	58.55%	
36	<u>Leah Rodgers</u>	Kelowna	<u>F20-29</u>	0:47:02	04:42	64.52%	
37	<u>Scott Harkness</u>	Penticton	<u>M30-34</u>	0:47:06	04:42	57.15%	
38	<u>Shanda Hill</u>	Vernon	<u>F30-34</u>	0:47:06	04:42	64.56%	
39	<u>Jennifer Spencer</u>	Kelowna	<u>F30-34</u>	0:47:09	04:42	64.35%	
40	<u>Mike Braid</u>	Summerland	<u>M60-64</u>	0:47:21	04:44	70.50%	
41	<u>Caroline Raine</u>	West Kelowna	<u>F50-54</u>	0:47:42	04:46	72.03%	
42	<u>Brian Corbett</u>	Penticton	<u>M55-59</u>	0:48:32	04:51	65.90%	
43	<u>Matt Holmes</u>	Peachland	<u>M35-39</u>	0:48:37	04:51	56.42%	


	Name	City	Div	Time	Pace	AG %	
44	<u>Krystyna Dunham</u>	Penticton	<u>F30-34</u>	0:48:53	04:53	62.32%	
45	<u>Louise Araujo</u>	Kelowna	<u>F20-29</u>	0:48:54	04:53	62.06%	
46	<u>Victoria Frost</u>	Kelowna	<u>F20-29</u>	0:48:56	04:53	62.01%	
47	<u>Siobhan Mcmanus</u>	Peachland	<u>F20-29</u>	0:48:57	04:53	61.97%	
48	<u>Carl Berardo</u>	Peachland	<u>M60-64</u>	0:48:59	04:53	68.15%	
49	<u>Blake Laven</u>	Penticton	<u>M35-39</u>	0:49:09	04:54	55.81%	
50	<u>Erica Malerby</u>	Peachland	<u>F35-39</u>	0:49:13	04:55	62.23%	
51	<u>Robin Levant</u>	Oliver	<u>F40-44</u>	0:49:19	04:55	63.55%	
52	<u>Janno Dewet</u>	Kelowna	<u>M35-39</u>	0:49:21	04:56	55.59%	
53	<u>Daniela Hamm</u>	Kelowna	<u>F35-39</u>	0:49:26	04:56	62.42%	
54	<u>Scott Davis</u>	Kelowna	<u>M40-44</u>	0:49:30	04:57	57.39%	
55	<u>Stephen Joyce</u>	Coldstream	<u>M50-54</u>	0:50:03	05:00	62.34%	
56	<u>Sandra Thomson</u>	Kelowna	<u>F60-64</u>	0:50:07	05:00	78.22%	 
57	<u>Brian Young</u>	Missouri City	<u>M50-54</u>	0:50:07	05:00	61.25%	
58	<u>Chuck Abney</u>	Kelowna	<u>M55-59</u>	0:50:17	05:01	63.61%	
59	<u>Chad Biafore</u>	Kelowna	<u>M45-49</u>	0:50:25	05:02	58.53%	
60	<u>Danette Zamluk</u>	Westbank	<u>F40-44</u>	0:50:26	05:02	62.15%	
61	<u>Bill Head</u>	Penticton	<u>M60-64</u>	0:50:45	05:04	65.78%	
62	<u>Chris Greenway</u>	Kelowna	<u>M60-64</u>	0:50:55	05:05	66.15%	
63	<u>Patricia Large</u>	Kelowna	<u>F35-39</u>	0:50:57	05:05	60.11%	
64	<u>Gloria Woolner</u>	Penticton	<u>F50-54</u>	0:51:00	05:06	69.96%	
65	<u>Derek Johnston</u>	West Kelowna	<u>M30-34</u>	0:51:11	05:07	52.59%	

	Name	City	Div	Time	Pace	AG %	
66	<u>Mike Boven</u>	Summerland	<u>M45-49</u>	0:51:13	05:07	58.98%	
67	<u>Lisa Spalding</u>	Penticton	<u>F50-54</u>	0:51:25	05:08	66.01%	
68	<u>Brad Meikle</u>	West Kelowna	<u>M35-39</u>	0:51:59	05:11	53.85%	
69	<u>Alexandra Myshak-Davis</u>	Kelowna	<u>F16-19</u>	0:52:02	05:12	58.52%	
70	<u>Jeff Marshall</u>	Lake Country	<u>M50-54</u>	0:52:13	05:13	58.79%	
71	<u>Micah Lockhart</u>	Coldstream	<u>M16-19</u>	0:52:16	05:13	52.47%	
72	<u>Deb Lougheed</u>	Penticton	<u>F50-54</u>	0:52:18	05:13	65.70%	
73	<u>Chelsea Marshall</u>	Kelowna	<u>F20-29</u>	0:52:24	05:14	57.91%	
74	<u>Susan Templin</u>	Kelowna	<u>F60-64</u>	0:53:05	05:18	73.85%	
75	<u>Larry Shannon</u>	Oliver	<u>M60-64</u>	0:53:24	05:20	64.79%	
76	<u>Rob Law</u>	Kelowna	<u>M35-39</u>	0:53:28	05:20	51.31%	
77	<u>Kendall Cowley</u>	Kelowna	<u>F20-29</u>	0:53:39	05:21	56.56%	
78	<u>Patrick Amundsen</u>	Summerland	<u>M60-64</u>	0:53:55	05:23	61.38%	
79	<u>Melvin Doherty</u>	Kamloops	<u>M65-69</u>	0:53:57	05:23	64.13%	
80	<u>Markus Abraham</u>	Calgary	<u>M55-59</u>	0:54:10	05:25	59.05%	
81	<u>Nicole Koch</u>	Peachland	<u>F30-34</u>	0:54:30	05:27	55.67%	
82	<u>Janice Bradshaw</u>	West Kelowna	<u>F50-54</u>	0:54:53	05:29	62.61%	
83	<u>Teddy Boyko</u>	Kelowna	<u>M65-69</u>	0:54:55	05:29	64.76%	
84	<u>Ken Zamluk</u>	Westbank	<u>M45-49</u>	0:54:59	05:29	53.67%	
85	<u>Veronica Medina</u>	Kelowna	<u>F35-39</u>	0:55:05	05:30	55.60%	
86	<u>Brian Abraham</u>	Kaleden	<u>M55-59</u>	0:55:10	05:31	57.98%	
87	<u>Betty Fay</u>	Peachland	<u>F50-54</u>	0:55:40	05:34	61.73%	

	Name	City	Div	Time	Pace	AG %	
88	<u>Angela Ivany</u>	Kelowna	<u>F30-34</u>	0:55:42	05:34	54.59%	
89	<u>Lisa Wickenheiser</u>	Calgary	<u>F30-34</u>	0:55:51	05:35	54.33%	
90	<u>Eric Bensen</u>	Peachland	<u>M30-34</u>	0:55:54	05:35	48.15%	
91	<u>Luc-Rock Paquin</u>	Ottawa	<u>M40-44</u>	0:56:14	05:37	50.52%	
92	<u>Astrid Varga</u>	Kelowna	<u>F60-64</u>	0:56:26	05:38	73.61%	
93	<u>Cynthia Araujo</u>	Kelowna	<u>F45-49</u>	0:56:56	05:41	57.17%	
94	<u>Liz Borrett</u>	Kelowna	<u>F75-79</u>	0:57:04	05:42	87.10%	
95	<u>Doug Pryde</u>	Peachland	<u>M50-54</u>	0:57:15	05:43	53.62%	
96	<u>Danielle Friesen</u>	Kelowna	<u>F35-39</u>	0:57:16	05:43	53.48%	
97	<u>James King</u>	Kelowna	<u>M50-54</u>	0:57:23	05:44	53.49%	
98	<u>Rory Bass</u>	Kelowna	<u>M45-49</u>	0:57:24	05:44	52.22%	
99	<u>Marija Kozic</u>	Penticton	<u>F55-59</u>	0:57:37	05:45	66.17%	
100	<u>Linda Dais</u>	Kelowna	<u>F55-59</u>	0:58:03	05:48	63.09%	
101	<u>Steve Gray</u>	West Kelowna	<u>M40-44</u>	0:58:12	05:49	48.81%	
102	<u>Joan Wickwire</u>	Naramata	<u>F55-59</u>	0:58:16	05:49	62.85%	
103	<u>Vanessa Mclean</u>	Kamloops	<u>F40-44</u>	0:58:56	05:53	53.18%	
104	<u>Lorraine Tremblay</u>	Kamloops	<u>F40-44</u>	0:58:56	05:53	53.18%	
105	<u>Heidi Gatti</u>	Kelowna	<u>F35-39</u>	0:59:12	05:55	51.74%	
106	<u>Carole Threlfall</u>	Kelowna	<u>F35-39</u>	0:59:12	05:55	51.74%	
107	<u>Phil Infanti</u>	Penticton	<u>M30-34</u>	0:59:39	05:57	45.13%	
108	<u>Kathleen Waters</u>	Armstrong	<u>F20-29</u>	0:59:57	05:59	50.62%	
109	<u>Markus Heinrichs</u>	Kelowna	<u>M50-54</u>	1:00:00	06:00	51.16%	

Name	City	Div	Time	Pace	AG %	
110 <u>Becky Williams</u>	Winfield	<u>F55-59</u>	1:00:12	06:01	60.83%	
111 <u>Laura Heggenstaller</u>	West Kelowna	<u>F45-49</u>	1:00:29	06:02	53.82%	
112 <u>Garry Bell</u>	Kelowna	<u>M70-74</u>	1:00:37	06:03	61.27%	
113 <u>Brody Burge</u>	West Kelowna	<u>M16-19</u>	1:00:45	06:04	45.15%	
114 <u>Arnie Gash</u>	Kelowna	<u>F65-69</u>	1:00:48	06:04	69.36%	
115 <u>Brendan Burge</u>	West Kelowna	<u>M20-29</u>	1:00:54	06:05	44.57%	
116 <u>Micheal Deady</u>	Edmonton	<u>M60-64</u>	1:00:54	06:05	54.82%	
117 <u>Tom Reed</u>	Penticton	<u>M70-74</u>	1:00:55	06:05	60.22%	
118 <u>Kirsty Kraft</u>	West Kelowna	<u>F45-49</u>	1:01:27	06:08	52.97%	
119 <u>Lori Michaud</u>	Penticton	<u>F30-34</u>	1:01:30	06:09	49.34%	
120 <u>Barbara Mandau</u>	Peachland	<u>F60-64</u>	1:01:46	06:10	65.31%	
121 <u>Karen Mattiussi</u>	Kelowna	<u>F55-59</u>	1:01:50	06:11	59.23%	
122 <u>Allan Smith</u>	Osoyoos	<u>M65-69</u>	1:02:13	06:13	56.11%	
123 <u>John Kelly</u>	Langley	<u>M70-74</u>	1:02:18	06:13	58.88%	
124 <u>Erika Maurer</u>	Naramata	<u>F60-64</u>	1:02:21	06:14	62.87%	
125 <u>Cathy Davison</u>	Kaleden	<u>F40-44</u>	1:02:28	06:14	50.17%	
126 <u>Melissa Perry</u>	Westbank	<u>F20-29</u>	1:02:45	06:16	48.36%	
127 <u>Beryl Tremblay</u>	Kelowna	<u>F65-69</u>	1:03:21	06:20	67.59%	
128 <u>Jeff Dais</u>	Kelowna	<u>M50-54</u>	1:03:34	06:21	48.29%	
129 <u>Sandra Wike</u>	Kelowna	<u>F60-64</u>	1:04:02	06:24	60.37%	
130 <u>Rebekah Johnston</u>	West Kelowna	<u>F30-34</u>	1:04:59	06:29	46.69%	
131 <u>Christina Yamada</u>	Penticton	<u>F40-44</u>	1:05:04	06:30	48.17%	

	Name	City	Div	Time	Pace	AG %	
132	<u>Colin Wilson</u>	Kelowna	<u>M50-54</u>	1:05:10	06:31	47.10%	
133	<u>Stephanie Rivest</u>	Kaleden	<u>F40-44</u>	1:05:12	06:31	48.07%	
134	<u>Sonia Meikle</u>	West Kelowna	<u>F35-39</u>	1:05:13	06:31	46.82%	
135	<u>Jennifer King</u>	Naramata	<u>F40-44</u>	1:05:31	06:33	47.84%	
136	<u>Sarika Dewet</u>	Kelowna	<u>F35-39</u>	1:05:52	06:35	46.50%	
137	<u>Helen Zwanepoel</u>	Dewinton	<u>F35-39</u>	1:05:52	06:35	46.50%	
138	<u>Chris Murphy</u>	West Kelowna	<u>M55-59</u>	1:05:58	06:35	48.48%	
139	<u>Lou Rutherford</u>	Naramata	<u>F55-59</u>	1:06:26	06:38	55.12%	
140	<u>Anne Carroll</u>	Summerland	<u>F55-59</u>	1:06:31	06:39	55.06%	
141	<u>Wendy Brown</u>	Kelowna	<u>F40-44</u>	1:06:47	06:40	46.93%	
142	<u>Renate Crawford</u>	Kelowna	<u>F55-59</u>	1:06:59	06:41	54.67%	
143	<u>Sasheena Tiernan</u>	Kelowna	<u>F30-34</u>	1:07:01	06:42	45.28%	
144	<u>Sherry Corder</u>	Peachland	<u>F55-59</u>	1:07:14	06:43	54.47%	
145	<u>Kathleen Yanke</u>	Salmon Arm	<u>F70-74</u>	1:08:10	06:49	65.86%	
146	<u>Sylvia Sunderman</u>	Penticton	<u>F45-49</u>	1:08:16	06:49	47.68%	
147	<u>Patricia Leclercq</u>	Penticton	<u>F40-44</u>	1:08:40	06:52	45.64%	
148	<u>Linda De Groot</u>	Vernon	<u>F40-44</u>	1:08:51	06:53	45.52%	
149	<u>Karen Robertson</u>	Peachland	<u>F50-54</u>	1:08:51	06:53	49.91%	
150	<u>Amanda Swoboda</u>	Kelowna	<u>F35-39</u>	1:08:52	06:53	44.47%	
151	<u>Michelle Roy</u>	Penticton	<u>F45-49</u>	1:09:29	06:56	46.85%	
152	<u>Vanessa Devlin</u>	Peachland	<u>F30-34</u>	1:11:52	07:11	42.22%	
153	<u>Emina Jasarevic</u>	Kelowna	<u>F35-39</u>	1:12:05	07:12	42.49%	

Name	City	Div	Time	Pace	AG %	
154 <u>Tara Roden</u>	Kelowna	<u>F45-49</u>	1:12:24	07:14	44.96%	
155 <u>Susan Falkenholt</u>	Kelowna	<u>F45-49</u>	1:14:03	07:24	45.31%	
156 <u>Tony Burge</u>	West Kelowna	<u>M50-54</u>	1:15:22	07:32	40.73%	
157 <u>Andreas Swoboda</u>	Kelowna	<u>M45-49</u>	1:16:11	07:37	38.73%	
158 <u>Chris Slight</u>	Calgary	<u>M35-39</u>	1:18:01	07:48	35.16%	
159 <u>Roberta Dyck</u>	Penticton	<u>F40-44</u>	1:28:28	08:50	35.43%	
160 <u>Kathryne Flannery</u>	Kamloops	<u>F55-59</u>	1:36:53	09:41	37.80%	